



BlueCross BlueShield  
of Alabama

## *Welcome to the Blue Choice<sup>®</sup> Behavioral Health Network*

Effective January 1, 2018, mental health and substance abuse services will now be covered under your Blue Cross and Blue Shield of Alabama health plan.

### Advantages of the Blue Choice Behavioral Health Network

- 1,400 providers throughout Alabama and neighboring counties
- 175,000+ providers nationwide
- No referrals necessary
- Providers file all claims
- No balance charges (only pay your copay or coinsurance)

*Behavioral health is a growing concern across the nation. To better help meet your particular needs, providers within our network specialize in many different areas:*

- ▶ Psychiatrists (adult and child adolescent)
- ▶ Clinical psychologists
- ▶ Licensed clinical social workers
- ▶ Licensed professional counselors
- ▶ Licensed marriage and family therapists
- ▶ Nurse practitioners

## *Get the most from your Blue Cross coverage...*

To **maximize** your benefit and pay the **lowest** out-of-pocket cost, always choose a Blue Choice Behavioral Health Network provider.

To **find a network provider** in your area, visit [AlabamaBlue.com](http://AlabamaBlue.com) and click on Find a Doctor. You can narrow your search by ZIP code, type of network and specialty.

Blue Cross and Blue Shield of Alabama is an independent licensee of the Blue Cross Blue Shield Association.