



**Troy University
School of Nursing**

Faculty BIO

Name/Credentials

Dr. Teresa Johnson, DCN, RD, LD

Title

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Campus

Troy Campus

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Education

- Doctorate of Clinical Nutrition, University of Medicine and Dentistry of New Jersey 2010
- MA Nutrition, Auburn University 1987
- BS Dietetics, University of Montevallo 1984

Publications

- Avery G, Johnson T, Cousins M, Hamilton B. The School Wellness Nurse: A Model for Bridging Gaps in Wellness Policies. Accepted for publication in the *Pediatric Nursing Journal* 2013
- Johnson T, Spurlock A, Galloway P. Blenderized Feeding by Gastrostomy Tube: A Case Presentation and Review of the Literature. *Topics in Clinical Nutrition*. 2013;28(1):84-92.
- Johnson T, Spurlock A, Parrott JA, Avery G, Cousins M, Dunn J, Hamilton B. A Comparison of Field Methods to Assess Body Weight of Minority elementary School Children. *Int J Body Com & Res*. 2011;9(4):141-146
- Johnson T, Weed D, Touger-Decker R. School-based Interventions for Overweight and Obesity in Minority School Children. Accepted for publication with the *J School Nurs*. 24 Oct 2011
- Johnson T, Burns D, Zeigler J. Pediatric Dental Erosion: A Case Presentation. *Pediatric Nursing Journal*. 2010;36(1). This article also carried on Medscape at <http://www.medscape.com/viewarticle/718618>
- Johnson T, Avery G, Byham-Gray L. Vitamin D and Metabolic Syndrome. *Topics in Clinical Nutrition*. 2009;24(1):47-54.
- Johnson, T. Using Webquests for Nutrition Instruction. *The Nutrition Educator's Resource*. Summer 2008
- Johnson, T. Post-CVA Dysphagia: Alternative Medical Therapies. *Advance for Speech-Language Pathologists & Audiologists*. 2007;17(27):16-21.
- Johnson T, Craven B, Ho P, Anglero I. *The Cultural Context of Breastfeeding Education and Promotion*. Building Block for Life: Pediatric Nutrition. 2006;29(3).
- Johnson T. "Dietary Considerations in Autism: Identifying a Reasonable Approach." *Topics in Clinical Nutrition*. 2006;21(3):212-225.

Presentations (Peer Reviewed Only)

Poster presentation at the Alabama Dietetic Association State Meeting titled: "The Impact of the Coordinated Approach to Child Health (CATCH) Intervention On Anthropometric and Health Behavioral Outcomes in Rural, Underserved Elementary School Children" Montgomery, Alabama 3/17/2011

- Presentation (invited) at the national UAB Intensive Pediatric Course entitled "The Cultural Context Breastfeeding" for the past 7 years (2007-2013)
 - Poster presentation titled "A comparison of field methods to assess body fat of minority elementary school children" at the

National Conference on Health Statistics. Washington, DC, August 6-8, 2012 (first author, accepted).

- Poster presentation titled “Blenderized Formula by Gastrostomy Tube: A Case Presentation and Review of the Literature” at the American Society for Nutrition (ASN) Conference on Advances and Controversies in Clinical Nutrition. June 22-24, 2012 Chicago, IL (first author, accepted)
- Poster presentation titled “Evidenced Based Interventions for Overweight and Obese School Children” at the National Conference for Nurse Practitioners. May 16-19, 2012 at Disney’s Coronado Springs Resort in Lake Buena Vista, Florida. (Accepted; second author)
- Alabama State Department of Education Child Nutrition Program Workshop (Invited). “The Gluten-Free Casein-Free Diet in Child Nutrition Programs.” Perdido Bay Resort in Orange Beach, Alabama. (Invited) 11/10/2011.
- Demonstration of Innovative Teaching Tool (Invited) American Dietetic Association Annual Meeting. Denver, CO 10/19/09
- Poster Presentation at National Pediatric Nursing Conference; Title: Nutrition- Focused Oral Exam and Extra-Esophageal Reflux Disease. Orlando, FL 6/27/09

Grants (External)

- Co-author of HRSA grant Healthy Schools Healthy Kids Healthy Families Phase II 2011 for \$350,000. Not Funded.
- Co-author of Allen Foundation Grant December 2010. \$13,000. Not funded.
- Co-author of Allen Foundation Grant December 2009. \$10,000. Not funded.
- Co-author of Healthy Schools Healthy Kids Healthy Families, HRSA-09-002. Awarded 4/28/2009 for \$375,000.
- Hamilton, B. K., Avery, G., and Johnson, T. Evaluation of the Effectiveness of the CATCH Program on the Health Status of Third, Fourth, and Fifth Grade Students in Pike and Bullock Counties. A funded longitudinal, quasi-experimental design study for Healthy Schools Healthy Kids Project—Phase II (\$600,000 federal funding), Troy and Union Springs, Alabama, 2005-2008.
- Watkins, T., Hamilton, B. K., Avery, G., Johnson, T., & Russell, C. Healthy Schools Healthy Kids Phase II, Troy University, HRSA, Rural Outreach Grant, \$600,000, 2005-2008.

Research Projects

- Johnson T, Spurlock A, Parrot JS. A comparison of anthropometric field methods to assess body weight in underserved, minority elementary school children. Summer

research grant funded by Troy University. Secondary analysis of data collected in HSHKHF HRSA funded grant project.

- Lloyd, D. Goodwin, I., Avery, G., Hamilton, B., Johnson, T., Cousins, M. Evaluation of school health wellness in 3rd grade students in a rural Southern elementary school. IRB approval from Troy University April 2010.
- The Impact of the Coordinated Approach to Child Health (CATCH) on Clinical Outcomes and Selected Health Behaviors in Rural Elementary School Children. IRB approval from Troy and UMDNJ January, 2010
- The Relationship between Economic Status and Pediatric Overweight/Obesity: A secondary analysis of the CATCH data. IRB approval from Troy and UMDNJ May 2007.

Honors, Awards

- Certificate of Excellence for Outstanding Academic Performance. UMDNJ School of Health Related Professions – Doctorate of Clinical Nutrition Program on May 24th, 2011
- Recipient of the 2012 Published Research Award given by the Pediatrics Practice Group of the Academy of Nutrition and Dietetics
- Co-recipient of Troy University Chancellor Award of Distinction for Sponsored Program Success on December 2, 2009.
- Recipient of Edna Page Langholz Memorial Graduate Scholarship August 9, 2005
- Recipient of Sharbutt Scholarship University of Montevallo, Fall 1984
- Recipient of Outstanding Student Award, Dept. of Home Economics, University of Montevallo, 1984
- 2011 – Present Advisory Board Member for the Didactic Program in Dietetics at the University of Montevallo
- 2011 – Present Consultant to Graduate Programs in Dietetics Proposed Doctorate of Clinical Nutrition at the University of Alabama in Birmingham
- 2011 – Present Program Advisory Committee Alumni Representative for Graduate Programs in Clinical Nutrition (GPCN) at the University of Medicine and Dentistry of New Jersey
- February 2007-May 2011 (*Reappointed to 5 year term on 12/31/2010*) State of Alabama Public Health Department subcommittee Member of Council on Prevention of Disease & Medical Care
- American Dietetic Association (27 year member)
- 2012 Chair of Nutrition Educators of Health Professionals
- Omicron Nu (25 year member)
- Montgomery District Dietetic Association (past chair)

Boards

Professional Organizations

Clinical Focus

Pediatric Issues (children with developmental disabilities, obesity, anthropometrics, school-based interventions)