
KINESIOLOGY AND HEALTH PROMOTION MINORS

The following minors are offered by the Department of Kinesiology and Health Promotion:

EXERCISE SCIENCE MINOR (18 hours)

KHP 3352	(3)	Kinesiology
KHP 4459	(3)	Sport and Exercise Nutrition
KHP 4474	(3)	Exercise Physiology
KHP L474	(1)	Exercise Physiology Lab
KHP 4475	(3)	Exercise Testing
KHP 4488	(3)	Issues and Practice in Cardiac Rehabilitation
KHP 4476	(2)	Laboratory Practicum

Note: KHP 3360 (3h) is a prerequisite for the Exercise Science minor

HEALTH PROMOTION MINOR (18 hours)

KHP 3352	(3)	Kinesiology
KHP 4405	(3)	Physical Activity and Disease Prevention
KHP 4427	(3)	Health Behavior
KHP 4459	(3)	Sport and Exercise Nutrition
KHP 4474	(3)	Exercise Physiology
KHP L474	(1)	Exercise Physiology Lab

Select an additional two (2) hours of KHP adviser approved courses

Note: KHP 2240 (3h) is a prerequisite course for KHP 4427

Note: KHP 3360 (3h) is a prerequisite for the other courses in the Health Promotion minor

NUTRITION MINOR (18 hours)

KHP 2211	(3)	Human Nutrition
KHP 3310	(3)	Introduction to Food Science
KHP L310	(1)	Introduction to Food Science Lab
KHP 3311	(3)	Nutritional Assessment
KHP 3315	(2)	Complementary and Alternative Therapies
KHP 3316	(3)	Community Nutrition
KHP 4458	(3)	Lifecycle Nutrition

Note: All classes in the Nutrition Minor are offered online

Please consult the Troy University Undergraduate Academic catalog for course descriptions and specific details regarding any prerequisite courses that must be taken prior to commencing the minors outlined above. A KHP adviser should be consulted to confirm appropriate progress towards completion of the minor.