

Emily Hayes
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Educational Background:

Troy University, Masters in Sport and Fitness Management (2010-Present)
University of Alabama at Birmingham, Bachelors in Fitness Leadership (2005-2009)

Certifications/Licenses Held:

CPR
First Aid
Crunk Fitness

Employment Record:

Graduate Teaching Assistant (August 2010-Present)

- Troy University: Department of Kinesiology & Health Promotion
- Instructor for Fitness for Life I & II
- Conduct research with departmental professors

Anytime Fitness (August 2010-Present)

- Crunk Fitness Instructor
- Ab Instructor

St. John's Baptist Church (February 2010-August 2010)

- Aerobic Instructor

Riviera Fitness Center (April 2010-July 2010)

- Crunk Fitness Instructor

Spring Valley School (August 2009- May 2010)

- Physical Education Teacher: 3rd-6th graders

Lawson State Community College Internship (Fall 2009)

- Assist in First Aid, Aerobics, Dance Aerobics, Jogging, & Personal
- Fitness class instruction
- Instruct Slimnastics class
- Assist in grading tests/quizzes/finals
- Assist in posting grades on blackboard
- Score keep for Men's & Women's basketball games

Spring Valley School (Spring 2009)

- Substitute Physical Education Teacher

Riviera Fitness Center Counselor (2007-2008)

- Sign up new members
- Assist members with weights, machines, & fitness training
- Open/Close gym

YMCA Fitness Instructor (2006-2007)

- Clean machines, vacuum floor, wipe mirrors, re-rack weights
- Monitor weight rooms and aerobic floors
- Assist members with machines
- Open/close the facilities

Glenn Iris Elementary (2006-2007)

- Volunteer 4th & 5th grade head basketball coach

UAB Intramural Sports Official (2006- 2010)

- Officiate/Score keep volleyball, basketball, & flag football games

Experience in Professional Occupation:

Internship at Lawson State Community College in Athletic Department (August-December 2009)

Development Growth Activities Related to Profession:

Spring Valley School Physical Education Teacher (2009)

Continuing Education Related to Profession:

Currently getting a masters in Sport and Fitness Management, Troy University (2010-Present)

Teaching Experience:

Lawson State Community College Internship

Fitness for Life I & II (Fall 2011)

Aerobic Dance I & II (Fall 2010-Spring 2010)

Beginning Yoga (Fall 2010)

Professional Memberships:

Phi Epsilon Kappa (2011)

ASAPHERD (2008-Present)

Professional Meetings Attended:

ASAPHERD Fall conference-Birmingham, AL (2008)

ASAPHERD Spring Conference-Orange Beach, Al (2010; 2011)

SSFM Spring Conference- Troy, Al (2011)

Other Research/Consulting Activities:

Participated in Muscle Injury Research Study in the Exercise Physiology Lab for Dr. Michael Green and Dr. Tyler Martin (2011)

Recognition and Honors:

Phi Epsilon Kappa- Troy University (2011)

Dean's List- University of Alabama at Birmingham (2009)

Professionally Related Community Activities:

Campus Fit (2011)

Glenn Iris Elementary Girl's Basketball Coach (2006-2007)

References available upon request