

CURRICULUM VITA

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Business Address and Phone

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Troy, Alabama 36081

Academic Degrees

<u>School</u>	<u>Degree</u>	<u>Date</u>	<u>Major</u>
University of Alabama	Masters	1978	Health Education
Troy State University	Bachelor's	1975	Physical Education
Troy State University	30 hrs. past Masters		

Professional Experience

1986-present Assistant Professor, KHP
Department of Kinesiology and Health Promotion
Troy State University

1984-1986 Instructor, HPER
Department of Health Physical Education Recreation and Dance
Troy State University

1978-1984 Assistant Aquatic Director
Department of Health, Physical Education, Recreation and Dance
Troy State University

1975-1977 Teacher/Coach of Physical Education
Glenwood Academy
Phoenix City, Alabama

Courses Taught:

Methods and Materials
Theory 1 an II
Teaching Elementary
Teaching Exceptional Children
Classroom Management
Personal and Community Health

Health Education
Health Concepts
Substance Abuse
Foundations of Physical Education
Foundations of Health Science
Camping and Outdoor Education
Principles of Recreation
Water Safety Instructor
Lifeguarding
Lifeguarding Instructor
Physical Skills Proficiency I and II
Coaching Volleyball
Dance Practicum
Methods of Teaching Dance
First Aid and CPRO
All activity courses in the catalog except Tap, Jazz, Ballet and Self Defense
Other Collegiate Assignments/Services
Director, GTA's, Department of Kinesiology
Instructor, Continuing Education (infant/toddler swim, water aerobics, adult swim, First Aid, Adult and Child CPR)
Teaching Interns Supervised
Academic Advisor (pedagogy and sports management)
Consultant, Residence Halls Activities Committee
Homecoming/Alumnae Committee
College of HHS Technology Committee
University Tenure and Promotion Committee

Current Professional and Academic Association Memberships

- Alabama State Association for Health, Physical Education, Recreation and Dance
- American Red Cross
- Phi Epsilon Kappa Fraternity

Honors

Outstanding Teacher of America 2003

Outstanding Young Woman of America 1982

Coach of State Championship girl's High School Basketball Team, Glenwood Academy, 1977

Nomination for Ingall's Award for Excellence in Teaching 1982, 84, 89, 92, 93, 95, 96

Scholarly Work and Presentations 1978-

Clinician; National Jogging Day, Troy State, "Water Aerobics"

Clinician; "Synchronized Swimming"; ASAPERD State Conference, Samford University, Birmingham, Alabama

Clinician; Elementary Physical Education State Department Workshop, Troy State University, Troy Alabama

Clinician: Children's Festival, gymnastics, clogging, modern dance,

Troy State University, Troy, Alabama
Clinician, "Teaching Gymnastics", Houston County Education In-Service,
Dothan, Alabama
Clinician: "Aquatic Aerobics", ASAPERD State Conference, Sanford University,
Birmingham, Alabama
Clinician; "Aquatic Aerobics", SDAAPERD Conference (Regional), Winston-Salem ,
North Carolina
Clinician; "Springboard Diving and Synchronized Swimming", City Recreation
Department, Eufaula, Alabama
Clinician; "Clogging", ASAPERD Workshop, Greenville, Alabama
Clinician: American Red Cross Water Safety Instructor Recertification Workshop,
Troy State University, Troy, Alabama
Clinician; American Red Cross Lifeguard Training Recertification Workshop,
Troy State University, Troy, Alabama
Clinician; Teacher In- service Program, Summer, "Bench Aerobics", Troy
State University,
Troy, Alabama
Clinician; "Exercise for the Elderly" Pike Manor Nursing Facility, Troy, Alabama
Clinician; "CPR and First Aid" South Central Alabama Child Care Management Agency,
Troy, Luverne, and Greenville, Alabama
Clinician; "The Teaching of Aerobics", ASAPERD Spring Conference, Gulf Shores,
Alabama
Job Satisfaction and Stress Among Female Teachers in Southern Alabama Counties
Wellness Survey, Troy State University Faculty
Co-Director, State 4-H Recreation Activities, Dothan, Alabama
Clinician: Dance presentation, Pike Manor Nursing Facility, Troy, Alabama
Clinician: Dance, Fall ASAPERD Conference, Birmingham- "Integrating Physical
Education into the School Curriculum" and "Rhythmic Activities for Fun and Fitness"
Clinician: RESA, Pelham, Georgia, Yoga, T'ai Chi, aerobics, Dynabands, Step Aerobics,
Pilates

Publications 1978-

"Troy State's Natatorium Really Swims", Published ASAPERD Journal
Series of articles for local newspapers (human interest)
"Antique Bottledigging"
"Go Fly a Kite"
"Swim into summer"
"T'ai Chi"
"Walking-the Perfect Exercise"
"Yardwork-Can You Dig it?"

Professional Involvement 1978-

Past Vice-President Dance, for Alabama State Association of Health, Physical Education,
Recreation and Dance
Past Student Section Advisor for Alabama State Association of Health, Physical
Education, Recreation and Dance

Past Aquatic Chair for Southern District for Health, Physical Recreation and Dance
Aquatic Director, Pike County, American Red Cross
Past Editorial Board, Dance, Alabama State Association of Health, Physical Education,
Recreation and Dance
Past Publicity Board, ASHPERD
Heroes Chair, American Red Cross, Pike County
