

**JOHN HOWARD ANDERSON, II**  
**Associate Professor, Clinical Director – Athletic Training Education**

3212 Veterans Stadium Drive  
Troy University  
Troy, Alabama 36082  
(334) 670-3722

Updated 2009

**Education**

Graduate

Troy State University, Troy, Al  
June 1967-May 1968  
Degree: School of Education  
Major: Physical Education

Post Graduate

Auburn University, Auburn, Al  
January 1966 to June 1966  
Major: Physiology Exercise

Undergraduate

Auburn University, Auburn, Al  
September 1961 to December 1965  
Degree: Bachelor of Science of Education  
Major: Physical Education

**Professional Experience**

July-August 1996

Athletic Trainer USA Olympic Medical Team  
Track/Field Atlanta, Georgia

September 1989-2008

Program Director  
Athletic Training Education Program  
Troy State University Troy, Al

February 1980 to June 1989

Head Athletic Trainer  
Louisiana State University Baton Rouge, LA

August 1987

Athletic Trainer U.S.O.C.  
Pan American Games Indianapolis, IN

July 1985

Athletic Trainer U.S.O.C. Olympic Festival  
Baton Rouge, LA

June 1983-+ July 1983

Athletic Trainer U.S.O.C. Olympic Festival  
Colorado Springs, CO

July 1983

Director of Medical Operations  
World International Special Olympics  
Baton Rouge, LA

June 1967 to February 1980

Head Athletic Trainer Troy State University  
Troy, Al

September 1966 to June 1967

Head Athletic Trainer Auburn High School  
Auburn, Al

## **Teaching Experience**

September 1989 to Present

Associate Professor, Troy University  
Clinical Director Athletic Training  
Education Program  
Courses taught:  
Advanced Athletic Training  
Athletic Training Practicum  
Therapeutic Modalities  
Therapeutic Exercises  
Physiology of Exercise  
Clinical Experiences  
Advanced First Aid and CPR

September 1980 to June 1989

Instructor Louisiana State University  
Program Director Athletic Training Education

September 1967 to Jan 1980

Instructor Physical Education  
Troy State University Troy, Al

September 1966 to June 1967

Auburn High School Auburn, Al  
Courses taught:  
Biology  
Physical Education

## **Professional Activities**

February 14, 2009

Instructor, SEATA #9 Student Meeting  
Atlanta, GA

February 13, 2008

Instructor, SEATA #9 Student Meeting  
Atlanta, GA

February 12, 2007

Instructor, SEATA #9 Student Meeting  
Atlanta, GA

February 11, 2006

Instructor, SEATA #9 Student Meeting  
Atlanta, GA

June 11, 2006

National Board of Examiners, Birmingham, Al

August 6, 2006

National Board of Examiners, Columbus, GA

January 2005

Founded Iota Tau Alpha- National Honor  
Society for Athletic Training Majors-Troy, Al

February 10, 2005

Instructor, SEATA #9 Student Meeting  
Atlanta, GA

June 10, 2005

National Board of Examiners, Birmingham, Al

August 7, 2005

National Board of Examiners, Columbus, GA

June 2007 – present	Serve on Medical Board of Alabama High School Athletic Association
June 17, 2004	National Board of Examiners-Birmingham, Al
Feb. 15, 2004	Instructor SEATA #9 Student Meeting, Atlanta, Ga
Feb 16, 2002	Wrist/Hand Injuries-Student Meeting SETA District #9-Atlanta, GA

**Related Experience**

September 1994-2004	Serve as Athletic Trainer Volunteer Pike Liberal Arts High School Troy, Al
June 1990 to Present	Serve as Athletic Trainer Alabama High School All-Stars versus Mississippi All-Stars Football Mobile, Al
July 1996 to Present	Serve as Athletic Trainer Alabama All-Stars Week Mobile, Al
June 1992	Trainer USA Track/Field Olympic Trials New Orleans, LA
July 1993 to Present	Athletic Trainer, Alabama Sports Festival
January 1989	Head Athletic Trainer LSU versus Syracuse Outback Bowl-Tampa, Fl
January 1987	Head Athletic Trainer LSU versus S. Carolina Gator Bowl-Jacksonville, Fl
January 1986	Head Athletic Trainer LSU versus Nebraska Sugar Bowl-New Orleans, La
May 1986 to 1988	Host Trainer, NCAA Div.-Baseball Playoffs- Baton Rouge, La
June 1986	Host Trainer NCAA Div I National Championship Meet, Track/Field Baton Rouge, La
December 1985	Head Athletic Trainer LSU vs. Baylor Liberty Bowl-Nashville, Tenn
January 1985	Head Athletic Trainer LSU vs. Nebraska Sugar Bowl-New Orleans, La
January 1984	Head Athletic Trainer LSU vs. Nebraska Sugar Bowl New Orleans, La
January 1983	Head Athletic Trainer LSU vs. Nebraska Orange Bowl –Miami, Fl

July 1983	Host Trainer World International Special Olympics Games-Baton Rouge, La
June 1982	Host Trainer LA Special Olympics State Championships-Baton Rouge, La
June 1981 to June 1985	Cramer Workshops Supervisors LSU Baton Rouge, La
June 1981	Volunteer Trainer Special Olympics State games-Hammond, La
June 1981	Volunteer Trainer Special Olympics State games-Hammond, La
June 1981	Host Trainer NCAA Div I National Championship Meet Track/Field Baton Rouge, La
June 1980	Volunteer Trainer Special Olympics State games-Hammond, La
June 1976 to July 1976	USA State Department Representative to Mexican Olympic Teams 1976. Olympic Games Montreal Canada Athletic Trainer
July 1976	Sent to Mexico USA State Department As Athletic Trainer, Mexico City Consultant-Mexico's 1976-Olympic Team
December 1973 to December 1979	Head Athletic Trainer Blue Grey Football Classics-Montgomery, Al
June 1972	Trainer USA Track/Field Throw Team Dartmouth College Training site Hanover, NH
<b>Presentations</b>	
April 2008	Presentation to Alabama Principal and Athletic Directors: <u>MRSA</u> – Montgomery, Al
March 28-30, 2006	Paper Presentation: <u>High Ankle Sprains</u> SEATA Symposium District #9-Atlanta, GA
May 15-19, 2006	Paper Presentation: <u>The Tools to Use in the Rehabilitation of Shoulder Injuries – ALATA</u> Symposium in San Destin, Florida
March 26-28, 2004	Poster Presentation: <u>The Perceived Impact of Impending CAAHEP Accreditation on NCAA Colleges and Universities Athletic Training</u> Education Program-Atlanta, Ga-SEATA Symposium

March 26, 2004	<u>Shoe Surface Interface in Football and Basketball</u> Paper presentation: Atlanta, Ga. SEATA Symposium
March 30, 2003	<u>Inflammation and Healing of Athletic Soft Tissue Injuries</u> : Paper presentation: Atlanta, Ga. SEATA Symposium
March 27-30, 2003	Poster Presentation_Research_Study: <u>Effect of Prophylactic Ankle Bracing on Postural Control And EMG of Lower Extremity and Trunk Muscles</u> -Atlanta, Ga. SEATA Symposium
March 23, 2002	Paper presentation: <u>Biomechanics of the Knee</u> Atlanta, Ga SEATA Symposium
March 23-26, 2002	Poster presentation: <u>Case Study Ankle Pain in Collegiate Football Player</u> -Atlanta, Ga. SEATA Symposium
July 26, 2001	Paper presentation: <u>Ankle Injuries</u> -HealthSouth Hospital Montgomery, Al
February 15, 2001	Paper presentation: <u>Wrist/Hand Injuries</u> -Student Meeting SETA District #9 Atlanta, Ga
December 8, 2000	Paper presentation: <u>Runners Lower Leg Injuries</u> -HealthSouth Hospital Birmingham, Al
June 13, 2000	<u>Closed Head Injuries</u> -High School All-Star Week Mobile, Al
February 14, 2000	Paper presentation: <u>Hand/Wrist Injuries</u> -Student SETA Meeting District #9 Atlanta, Ga
July 22, 2000	<u>Emergency Plan A Must</u> -Alabama All-Star Week Montgomery, Al
February 15, 1999	Paper presentation: <u>Hand/Wrist Injuries</u> -Student SETA Meeting District #9 Atlanta, Ga
June 12, 1999	<u>Pre-Fall Conditioning for Football and Why</u> Alabama High School All-Star Game-Coach's Clinic Mobile, Al
July 21, 1999	<u>Mouth Guards/The Proper Way to Wear Them</u> High School All-Star Week Montgomery, Al
February 17, 1998	Paper presentation: <u>Wrist/Hand and Finger Injuries</u> -SETA Student Meeting Atlanta, Ga
June 24, 1998	<u>Eye Injuries</u> -High School All-Star Games Montgomery, Al

July 26, 1998	<u>Do You Have Your Athlete Covered with Insurance and the Right Insurance?</u> -Alabama All-Star Week Montgomery, Al
June 13, 1997	<u>Drug Testing</u> -Alabama All-Star Week Mobile, Al
June 14, 1996	<u>Proper Fitting of Football Equipment</u> Alabama All-Star Week Mobile, Al
July 25, 1995	Perry Georgia Hospital “ <u>Emergency Plan</u> ”
June 13, 1995	Mobile Al High School All Star Clinic <u>Prevention of Ankle Injuries</u>
June 12, 1994	Mobile Al High School All Star Clinic <u>Treatments of Soft Tissue Injuries</u>
February 6 1993	SETA Student Meeting Tuscaloosa <u>Emergency Medical Plan</u> Tuscaloosa, Al
May 3, 1993	TSU Sports Medicine Clinic Troy of Al <u>The Art of Correct Running</u>
June 14, 1993	Mobile Al High School All Star Clinic <u>Do You Have an Emergency Plan?</u> Mobile, Al
July 18, 1993	Guest Lectures Auburn University Sports Medicine Workshop-Auburn, Al
December 14, 1993	Guest Lecturer Auburn University Student Trainers <u>The Future of Athletic Training</u>
May 2, 1992	TSU Sports Medicine Clinic Troy, Al <u>Abdominal Injuries</u>
June 15, 1992	Mobile Al High School All Star Clinic <u>You and the Law</u> Mobile, Al
May 4, 1994	TSU Sports Medicine Clinic <u>Soft Tissue Injuries</u> Troy, Al
June 13, 1991	Mobile Al High School All Star Clinic <u>Facial Injuries</u> Mobile, Al
December 14, 1990	TSU Sports Medicine Clinic <u>Emergency Care of The Athlete</u> Troy, Al
May 5, 1990	TSU Sports Medicine Clinic <u>Treating Pulled Muscles</u> Troy, Al

August 6, 1989	Baton Rouge Sports Medicine Society <u>Prevention of Heat Illness</u> Baton Rouge, LA
June 9, 1988	Paper presentation: National Convention on <u>Intramural Club Sports Emergency Plan</u> Baton Rouge, AL
August 10, 1988	Baton Rouge Sports Medicine Society <u>Soft Tissue Injuries</u> Baton Rouge, LA
June 28, 1987	Paper presentation: Swanee Georgia SETA District 9 Meeting <u>Lower Leg Injuries</u> Swanee, GA
August 11, 1987	Baton Rouge Sports Medical Society <u>Elbow Injuries</u> -Baton Rouge, LA
January 6, 1986	LATA Trainers Meeting <u>Insurance Coverage For Your Athletes</u> Baton Rouge, LA
August 11, 1986	Baton Rouge Medical Society <u>Taping Demonstrations</u> Baton Rouge, LA
May 18, 1985	LATA Trainers Meeting <u>Abdominal Injuries</u> Hamwood, LA
July 14, 1985	Paper presentation: USA Olympic Festival Instructor to the USOC Trainers <u>Heat Illness Protocols</u> LSU Training Room Baton Rouge, LA
August 8, 1985	Baton Rouge Medical Society <u>The Use of the LA Wrap</u> -Baton Rouge, LA
June 1984	Paper presentation: NATA National Convention <u>Dealing with the Special Olympic Athlete-</u> Nashville, TN
August 12, 1984	Baton Rouge Medical Society <u>Head Injuries</u> Baton Rouge, LA
January 4, 1983	LATA Trainers Meeting <u>The Emergency Plan For the World International Games Special Olympics</u> Baton Rouge, LA
August 7, 1983	Baton Rouge Medical Society- <u>Treatment of Knee Injuries</u> Baton Rouge, LA
February 5, 1982	Baton Coach's Association <u>Have An Emergency Plan</u> -Baton Rouge, LA

February 18, 1982	Covington City Schools Sports Medicine Meeting <u>Head Injuries</u> -Covington, LA
June 18-19, 1982	Guest Lecture University Southern Mississippi <u>Emergency Care of the Athlete</u> -Hattisburg, MS
August 9, 1982	Baton Rouge Medical Society <u>Heat Illness</u> Baton Rouge, LA
July 16, 1981	LATA Meeting <u>Off Season Conditioning Football</u> -Lafayette, LA
August 11, 1981	Baton Rouge Medical Society <u>Nutrition to the Athletes</u> -Eufaula, Al
May 18-19, 1980	Paper presentation: Hughston Sports Medicine Society- <u>Nutrition To the Athletes</u> -Eufaula, Al
August 1, 1980	Mississippi Coach's Association <u>Knee Injuries</u> Jackson, MS
May 17, 1979	Paper presentation: Hughston Sports Medicine Society <u>Treating Hamstring Injuries</u> -Eufaula, Al
March 17, 1978	Hughston Sports Medicine Society <u>Hip Pointers/Thigh Injuries</u> Auburn, Al
March 14, 1977	Paper presentation: Hughston Sports Medicine Society <u>Heat Illnrss</u> -Auburn, Al
June 24-25, 1977	Guest Lecturer Cramer Clinic FSU Tallahassee, Fl
March 15, 1976	Paper presentation: Hughston Sports Medicine Society <u>Foot Injuries</u> -Columbus, GA
March 14, 1975	Hughston Sports Medicine Society <u>Hip Injuries</u> -Columbus, Ga
March 18, 1974	Paper presentation: Auburn Extension Service in Conjunction With Hughston Sports Medicine Clinic <u>Shoulder Injuries</u> -Auburn, Al
July 16, 1974	Montgomery Coach's Association <u>Heat Illness/Treatment of Groin Strains</u> -Montgomery, Al
December 18, 1974	USTFA National Championship Cross Country <u>Lower Leg Injuries in Long Distance Runners</u> Stone Mountain, GA



June 13, 1973	WireGrass Coach's Association <u>Football Injuries</u> – Dothan, Al
May 16, 1972	Hughston Clinic <u>Stretching</u> -Columbus, GA
June 18, 1971	Montgomery Coach Association <u>Ankle Injuries How to Prevent and Treat</u> -Montgomery, Al
July 17, 1971	Alabama Private School Association Coach's Meeting <u>Heat Illness</u> -Montgomery, Al
June 9, 1970	WireGrass Coach's Association <u>Football Injuries</u> Knee-Dothan, Al
August 4, 1970	Alabama Private School Association Meeting <u>Football Injuries</u> -Montgomery, Al
July 22, 1969	Wiregrass Coach's Association <u>Waterbreaks</u> Dothan, Al
July 28, 1969	Montgomery Coach's Association <u>Heat Illness</u> -Montgomery, Al
July 14, 1968	TSU Trainers Clinic <u>Football Injuries</u> Troy, Al
July 8, 1967	TSU Trainers Clinic Football <u>Injuries/Taping</u>

### **Research and Publications**

2008	<u>USA Amateur Boxing Federation Ringside Physician's Certificate Manual</u> ; Section D Orthopedic Injuries-Section D pages 23-34 Published, USA Sports Medicine Committee, 2004; Colorado Springs, CO 80409
2004	<u>USA Amateur Boxing Federation Ringside Physician's Certificate Manual</u> ; Section D Orthopedic Injuries-Section D pages 23-31 Published, USA Sports Medicine Committee, 2004; Colorado Springs, CO 80409
2001-Present	<u>Closed Head Injuries-Process Collecting Data on Balance Prior to Head Injury and After</u>
1998-1999	<u>The Female Knee in Conjunction with American Sport Institute</u> -Birmingham, Al
1998-1999	<u>Survey of the Use of Creatine in the High Schools of Alabama-Weight Gain and Problems With Heat Illness</u>

1993	Alabama High School Athletic Association Journal September 1993- <u>Heat and Neck Injuries</u>
1992	Alabama High School Athletic Association Journal September 1992- <u>Have An Emergency Plan</u>
1991	Alabama High School Athletic Association Journal September 1991- <u>Heat Illness</u>
1986	Louisiana High School Athletic Journal October 1986 <u>The Effects of Alcohol on Exercise</u> Louisiana High School Athletic Journal October <u>Adolescent Athlete</u>
1984	Louisiana High School Athletic Journal October <u>The Effective Use of Form-fitted Mouth Guards</u>
1983	Louisiana High School Athletic Journal October 1983 <u>How Vision Effects Athletic Performance</u>
1982	Louisiana High School Athletic Journal October 1982 <u>Testing Your Athletes Performance</u>
1981	Louisiana High School Athletic Journal October 1981 <u>The Proper Way to Fit a Helmet</u>
1978	Alabama Medical Journal September Co-Authored James R. Andrews M.D., Leroy Mullins ATC <u>Heat Illness and the Prevention</u> Dissertation: <u>Helmet Football Protection</u>

### **Administrative**

March 2008 – present	Undergraduate Athletic Training Education Clinical Director
September 1989 to 2008	Undergraduate Athletic Training Curriculum Director Troy University
September 1983 to June 1989	Undergraduate Athletic Training Curriculum Director Louisiana State University

### **Department Committees**

September 2008 – present	Tenure & Promotion Committee CHHS
September 1989 to Present	Faculty Advisor for Troy University students majoring in Athletic Training
September 1992 to Present	College of Health and Human Services Faculty Advisor for Troy University Athletic Training Student Association

2006 – present University Chair Food Drive

2005 – present Iota Tau Alpha Advisor

### **University Committees**

2001- to Present Faculty Advisor Committees

2001 to 2002 Southern Association of Accreditation  
Subcommittee for Re-Affirmation of  
Accreditation

2001 to Present Tenure and Promotion Committee

2001 to Present University Drug Task Force

1993 to Present Troy University Ad Hoc Committee Drug  
Testing

### **Honors and Awards**

2008 Inducted SEATA District 9 Hall of Fame

2006 NATA Most Distinguished Athletic Trainer

2006 Education Administration Award SEATA  
District 9

2002-2003 Ingalls Award Classroom Teacher of the Year

2003 Outstanding Contributions to Athletic Training  
SEATA District 9

1999 Inducted into Alabama Athletic Trainers  
Hall of Fame

1998 Distinguished Service Award  
Alabama High School Association

1997 NATA National Service Award

1991 NATA 25 years Award

1963 to 1965 Dean's List Auburn University

## **Professional Organizations, Certification & Services**

Present	CPR Certified Instructor
Present	First Aid Certified Instructor
2001 to Present	Approved CIE (ATEP) Atlanta, Ga
2000 to Present	Chair District #9 Memorial and Resolutions Member District #9 History Researcher
2000 to Present	Alabama Athletic Trainers Association Awards Committee
1997 - present	Alabama Sports Medicine Society-Chairmen
1995 - present	Athletic Emergency Care ATEC Certified
1994 to Present	Alabama Trainers Association
1994 to present	Alabama licensed #13
1993	Electrotherapy and Ultrasound Certified
November 1990 to 2007	Test Examines for NATA Certification exam At Samford University Birmingham, Al
1989 to 2002	SAE Faculty Advisor
1989 to Present	Exchange Club-Troy, Al
1987 to 1989	Louisiana Trainers Association
1970 to Present	National Athletic Trainers Association Certified Member - 000090026
1978 to 2001	ENT II Certified-Alabama

## **Continuing Education**

March 18-22, 2009	SEATA District #9 Symposium Panama City, Fl
July 17, 2008	Baptist Hospital Medical Symposium Montgomery, Al
May 17, 2008	ALATA Trainers Meeting-San Destin, Fl
May 14, 2008	Update CPRO
July 18, 2007	Baptist Hospital Medical Symposium Montgomery, Al
May 16-19, 2007	ALATA Trainers Meeting-San Destin, Fl

May 9, 2008	Update CPRO
March 18-21, 2007	SEATA District 9 Symposium Franklin, TN
Jan. 18-21, 2007	NATA Educational Symposium Dallas, TX
June 18, 2006	NATA National Convention – Atlanta, GA
May 16-19, 2006	ALATA Symposium – Gulfport, MS
May 8, 2006	Update CPRO
March 28-31, 2006	SEATA District 9 Symposium Atlanta, GA
July 23, 2005	Baptist Hospital Medical Symposium Montgomery, Al
June 19, 2005	NATA Educational Symposium Houston, TX
May 26, 2005	ALATA Trainers Meeting-Gulfport, MS
May 17, 2005	Update CPRO
March 27-30, 2005	SEATA District #9 Symposium Atlanta, GA
July 17, 2004	Baptist Hospital Medical Symposium Montgomery, Al
May 15-18, 2004	ALATA Trainers Meeting, Gulf Port, MS
May 13, 2004	Update CPRO
March 26, 2004	SEATA District #9 Symposium Atlanta, Ga

## Personal Data

**Born:** May 9, 1942  
Hackensack, New Jersey

**Education:**  
Graduated- Vermont Academy – 1961  
Saxton River, VT

**Lettered:**  
3 years Ice Hockey, Track/Cross Country

**Graduated:**  
Auburn University-1965  
Auburn, Alabama

**Lettered:**  
3 years Track/Cross Country  
Captained 1964-SEC Cross Country Team  
All-SEC Cross Country-1964  
Set: Auburn Freshman Record Mile 1962

**Married:**  
Susan James of Anniston, Alabama  
Two Children: Cindy-32 and John III-30

**Organization:**  
St Marks Episcopal-Troy, Al  
Fraternity-Social-Auburn, Al (Phi Kappa Tau)  
Troy Lions Club-President-1992-Troy, Al  
Troy Exchange Club-Troy, Al to present  
American Red Cross-Troy, Al to present

**Volunteer Work:**  
Coach-Distance Runners-Troy State University Track Team  
Emergency Room EMT-Edge Regional Medical Center-Troy, Al  
Abused Children's Christmas-Exchange Club-Troy, Al  
Chair, Litter Committee City of Troy – Troy, Al

Addendum:

1. Helped develop new competency and proficiency evaluation tools for clinical use.
  2. Make appropriate updates for accreditation.
  3. Provide more outside learning opportunities.
  4. Refine and update Learning Over Time as it pertains to student learning objective and student outcomes.
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1. Publish article in a National journal.
  2. Submit poster presentation at Student SEATA and SEATA Symposium 2009.
  3. Follow up on research done by ASMI per Closed Head Injuries – the outcomes.
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1. Volunteer to serve District IX committee for Memorial/Resolution History.
  2. Volunteer Laboratory Instructor and speaker at Annual SEATA Meeting District IX.
  3. Continue to work on college committees.
  4. Continue to serve on the Alabama High School Athletic Association Medical Board and serve as a Resource Educator.
  5. Continue to help with local junior high and high school physicals for athletes.
- 
1. Pursue International opportunities.
- 
- I have implemented creative thinking scenarios into all lesson plans and course syllabi.
  - I have updated the new competencies and proficiencies into Learning Over Time.
  - I have updated the Clinical Laboratory Manual with the new competencies and proficiencies.
  - I have designed a new rubric for evaluation of skills.

I have continued my work with McGraw Hill as a chapter reviewer for the textbook Principles of Athletic Training 13<sup>th</sup> edition 2008 – Prentice W.

Anderson, J. – Lower and Slower Advanced Medical and Training Vol. 21-No. 10 October, 2007 – Runner's World.

None

Anderson, J. (February 2008) Wrist, Hand and Finger Injuries – lecture with Power Point - District IX Southeastern Athletic Trainers Association - March 2008 in Franklin, Tennessee.

Anderson, J. (April 2008) Methicillin Resistant Staphylococcus Aureus (MRSA) –lecture with Power Point – Alabama Principals and Athletic Directors Association in Montgomery, Alabama.

- Serve as Chairman of the following National committees: The National Athletic Trainers Association Memorials/Resolutions (2000-present), District IX Southeastern Athletic Trainers Association Memorials/Resolutions History & Archives (2000-present)
- Serve Medical Board Alabama High School Athletic Association (2008)
- Serve on the District and State Selection Committee Hall of Fame (2007-present)
- Serve Troy University Drug Task Force (present)
- Serve College of Health and Human Services Tenure/Promotion (present)
- Serve College of Health and Human Services Curriculum Committee (for revisions or changes)
- Chairman Troy University Food Drive Committee
- Book reviewer: McGraw Hill Higher Education Publishers – Principles of Athletic Training (present)
- Serve Child Abuse; “Tip Colley Award,” Troy Exchange Club (2007-08)
- Served 2x’s Head Athletic Trainer Alabama/Mississippi High School Football All-Star Game in Mobile, Alabama (June/July 2007)

None

Raised \$8500.00 parking cars with students for Athletic Training Student Club.

After much research and follow-through with United States Embassy and the United States Olympic Committee, I chose not to pursue International travel through the Chancellor’s Initiative due to safety issues (Trinidad) – a country where there is a Troy University graduate. I plan to revisit this idea in the upcoming year.



- Bachelor of Science Degree in Education – Auburn University- Auburn, Alabama - Teaching (1965)
- Masters Degree Physical Education – Troy University – Troy, Alabama – Teaching (1969)

### Professional Experience

- Program Director for Athletic Training Education – Troy University
- Associate Professor within CAATE accredited Athletic Training Education Program August 1989-present
- Direct student recruitment, advising student admissions, annual reports, monthly reports, affiliated site agreements, self-study and annual budget.
- Aide in evaluating students CAATE competencies and proficiencies
- Aide in coordination of student clinical rotations
- Academics advisor for undergraduate Athletic Training Education majors
- Serve as a clinical instructor educator to train approved clinical instructors
- Serve on department, college and university committees
- Supervise student capstone projects
- Outreach Athletic Trainer, HealthSouth in Birmingham, Al 1989-2001
- Provided Athletic Training services to Pike Liberal Arts School in Troy Alabama (1996-2000)
- Coordinate physical referrals, surgeries, and rehabilitation
- Louisiana State University in Baton, Rouge Louisiana 1980-1989
- Served as Head Athletic Trainer for 22 sports 1980-89
- Served as Program Director for an accredited Athletic Training Education Program 1980-89
- Supervised Athletic dining hall with 20 employees 1980-89
- Supervised athletic drug testing with 3 employees 1984-89
- Supervised 6 fulltime athletic trainers, ATC and 4 graduate assistants 1980-89
- Advised 25 students 1980-89
- Directed student recruitment, admissions 1980-89
- Annual reports, monthly reports, affiliated site agreements, self study, insurance, supplies/purchases and annual budget 1980-89

- Instructed all Athletic Training Education courses 1980-89
- Troy University – Troy, Alabama 1967-1980
- Served as Head Athletic Trainer for 6 sports 1967-80
- In charge of annual budget and insurance 1967-79
- Instructed Physical Education classes – jogging and weight lifting 1967-79
- Troy City School System – Troy, Alabama 1968-71
- Served as Physical Education Instructor – Troy University 1967-79

#### Teaching Experience

Associate Professor Troy University Fall 1989-present

AT 1101	Orientation to Athletic Training Fall/spring 2000- 2008
AT 2201	Clinical Experiences in Athletic Training Fall 2000-2007
AT 2202	Clinical Experiences in Athletic Training Spring 2001-2008
AT 3301	Clinical Experiences in Athletic Training Fall 2000-2003
AT 3302	Clinical Experiences in Athletic Training Spring 2000-2003
AT 3396	Evaluation of Athletic Injuries I Fall 2000-2007
AT L396	Evaluation of Athletic Injuries I Lab Fall 2000-2007
AT 3397	Evaluation of Athletic Injuries II Spring 2000-2008
AT L397	Evaluation of Athletic Injuries II Lab Spring 2000-2008
AT 4401	Clinical Experiences in Athletic Training Fall 2000-2007
AT 4447	Therapeutic Modalities Fall 2000-2002
AT 4448	Therapeutic Exercise Spring 2000-2003
KHP 3395	Care & Prevention of Athletic Injury Spring quarter 1990-1993

Note: I instructed all above courses prior to 2000 when Troy University was on the Quarter system from 1991-2000

Louisiana State University – Baton Rouge, Louisiana

Assistant Professor Fall 1980-Spring 1989

HPER 3301	Evaluation Athletic Injuries I Fall 1980-1988
HPER 3302	Evaluation Athletic Injuries II Spring 1981-89

HPER 3303 Therapeutic Modalities Fall 1980-88  
HPER 3304 Therapeutic Exercise Spring 1981-89  
HPER 4401 Clinical Experience Fall 1980-88  
HEPR 4402 Internship Athletic Training Spring 1981-89

Volunteer activities August 2000 to present

Mississippi/ Alabama High School All-Star Game Mobile, Alabama 2000-present

Mentor freshmen student Troy University 2005-06

Alabama High School Track/Field Meet 2000-present

Medical Board Alabama High School Athletic Association 2007-present

Instructor American Red Cross Troy, AL 2000-2008 – CPRO

American Red Cross City of Troy Blood Drive 2000-2008

Chairman, City of Troy Litter Committee 2004-present

Southeastern Conference Track/Field Meet Athletic Trainer – backup May 2000-08

Volunteer 57<sup>th</sup> Annual National Athletic Trainers Conference in Atlanta, Georgia 2006

Scholarship and Creative Activity

Publications 2004-present

Voy, R. & Anderson, J. 2004 Ringside Physician's Certification Manual published USA Amateur Boxing Federation, sports Medicine Committee – Colorado Springs, Colorado

Published Abstracts and Proceedings 2005-present

Purdy, J. & Anderson, J. 2005 Etiology of Iliotibial Band Friction Syndrome in Distance Runners  
Med. Sci sports Exercise 27-951-960

Purdy, J. & Anderson, J. 2005 Running Injuries to the Knee ( Vanderbilt University, Troy University JAM Orthop Sur 3:309-318

Delaney, R., Purdy, J., Book, R., Anderson, J. 2004 Risk Factors for Stress Fractures in Track & Field et la Vanderbilt University, Troy University AM J. Sport Med. 24:810-818

District presentations

Anderson, J. The History of District IX Southeastern Athletic Trainers Association SEATA  
March 2007 SEATA Symposium in Franklin, Tennessee

Anderson, J. Wrist and Hand Injuries Student Symposium February 2007 in Atlanta Georgia

Anderson, J. 2007 Methicillin Resistant Staphylococcus Aureus presented to Alabama High  
School Association Principals and Athletic Directors

Board of Certification Examiner 1970-2007

Book Reviewer McGraw Hill Publishers Principles of Athletic Training by William Prentice  
2008

District IX Representative NATA Committee Memorial/Resolutions 2007- present

Iota Tau Alpha Honor Society Founder 2005

Selection Committee Hall of Fame Alabama 1993-present

Chair, History & Archives Alabama 1993-present

Selection Committee Hall of Fame District IX 2006-present

Memorial/Resolutions Committee Chair, District IX 1999-present

College of Health and Human Services Committee Tenure & Promotions 2005

Selected as a Troy University Mentor 2005-06

Drug Task Force Committee 2004-present

National

NATA Service Award 1997

NATA Most Distinguished Athletic Trainer 2002

District IX

Outstanding Contribution to Athletic Training 2003

Outstanding Educator Award 2006

District IX Hall of Fame 2008

State

Alabama Athletic Trainers Hall of Fame 1997

Alabama High School Athletic Association Distinguished Service Award 1997

University

Ingalls Award for Excellent Classroom Teaching Troy University 2003

Founded National Honor Society Iota Tau Alpha 2005

ODK Auburn Member 1962 – Auburn University

Phi Beta Kappa Member 1963 – Auburn University

Phi Kappa Phi Member 1963 - Auburn University

## Certification/Memberships

NATA Approved Clinical Instructor 2003-present

Licensed Athletic Trainer, Alabama 1993-present

Alabama Athletic Trainers Association Member 1990-present

National Athletic Trainers Association Member 1966-present

Southeastern Athletic Trainers Association Member 1967-present

NATA BOC certified since 1970

American Red Cross Community First Aid and Safety Instructor 1970-present

American Red Cross CPR for the Professional Rescuer Instructor 1992-present

Licensed Emergency Medical Technician 1977-present

Certified Strength/Conditioning Coach 1981-present

Certified Message Therapist 1987-present