

# Institutional Review Board Minutes

## March 18th 2010

### **I. Call to Order:**

Meeting was called to order at 9:00 am.

### **Members present: (Scientific/Non-scientific)**

**In Person:** Dr. Dianne Barron, Dr. Eddie Clark, Dr. Shari Hoppin and Dr. Brad Willis.

**Via V-Tel:** Dr. Richard Cardarola, Dr. Daneel Edwards, Dr. Glenda Avery, Dr. Carol Moore, Dr. Isabelle Warren, Dr. Dennis Self and Ms. Sheila Bennett

**Via Phone:** Dr. Robert Abbey

**Absent with notice:** Mr. Chase Taylor and Dr. Tim Buckner

### **II. Chair Comments on IRB Productivity**

Since February 18<sup>th</sup>, the IRB received a total of 20 applications, 4 were exempt, two were expedited, five were full review and nine were pending. Five of these applications were investigated by students, four were cooperation between student and faculty and eleven were investigated by faculty.

### **III. Review of Research Proposals**

#### **A. First study**

The researchers started by giving an overview on the study. The board members discussed the overall proposal and decided not to approve the research as-is. The members made the following recommendations:

- Clarify the pay scale and include it in the informed consent
- Put the health insurance as a requirement for the participants
- Provide a certificate to the participants and students
- Provide a letter of support from the superintendant
- Fingerprint the student

It was also recommended to add the three last items to the grant.

Dr. Hoppin made a motion to approve the study with the recommended changes, and Dr. Willis seconded. The revised application will be reviewed by the IRB chair.

## B. Second study

The researcher started by giving some clarification about his study, the board members discussed the overall proposal and decided not to approve the research as is. The IRB members issued the following recommendations:

- Add a “do not know” column to the cardiovascular major risk factor
- Have a person on site to explain the medical terminology to the participants
- Include in the methodology that a certified person will be on site

Ms. Bennett made a motion to approve the study with the recommended changes, and Dr. Willis seconded. The motion was carried with unanimous approval. Dr. Clark will review the revised protocol.

## C. Self studies:

The students’ advisor gave clarifications about the different studies. The board members discussed the proposals and decided not to approve them as is. The members made the following recommendations

### 1. The first study

- Consult physician to determine wellness and fitness to participate in study
- Submit the approval of the physician to perform the stated activities to the IRB
- Student may consult the USDA website for age and health appropriate “healthy” portion size (calories intake) dietary requirements.
- Provide Informed Consent form to the IRB

### 2. The second study

- Consult physician to determine wellness and fitness to participate in study
- Submit the approval of the physician to perform the stated activities to the IRB
- Student may consult the U.S. D.A. website for age and health appropriate “healthy” portion size (calorie intake) dietary requirements.
- Contact the Sport and Fitness Management faculty member to see if she may be included in their currently approved health and wellness study.
- Provide Informed Consent form to the IRB

### 3. The third study

- Consult physician to determine wellness and fitness to participate in study
- Consult physician to determine appropriate exercises.

- Submit the approval of the physician to perform the stated activities to the IRB
- Provide Informed Consent form to the IRB

#### 4. Fourth and fifth study

Board members agreed that both studies are exempt.

Ms. Bennett made a motion to approve the study with the recommended changes, and Dr. Willis seconded. The motion was carried with unanimous approval. Dr. Clark will review the revised protocols.

#### D. Fourth study

Upon discussing some elements of the proposal, the IRB board members decided not to approve the study as-is.

Dr. Hoppin made a motion to table the study, and Dr. Willis seconded. The motion carried with all was approved.

### **IV. Miscellaneous**

Board members discussed the need to limit the number of applications to be reviewed during one IRB meeting. They also discussed the possibility of improving the review forms, these should be categorical depending on the nature of the study, the age and cultural aspects.

### **V. Adjourn**

The meeting was adjourned at 11:00 am.