

AUTOBIOGRAPHY INSTRUCTIONS

You must submit a brief autobiography with your Application to Teacher Education. The organization of your autobiography is up to you. The topics listed below are mentioned only to help you get started on thinking about some of the items that prospective school districts often appreciate knowing; you may want to either add to or delete from these topics. There is a sample autobiography on the following page, but it is only a sample. You are free to be more creative in your own autobiography. **Please limit the content of your autobiography to one side of one page.** It is acceptable to single-space.

The autobiography is valuable because it provides you the opportunity to introduce yourself to the reader by highlighting your experiences and personal characteristics. It is also valuable because it demonstrates the manner in which you express yourself – sentence structure, grammar, spelling, punctuation, style, etc. You might want to have your autobiography reviewed by personnel at the Writing Help Desk (located in Conn Library) before submitting it to the Field Experience Office. You may be given suggestions for ways to improve your writing; it is in your best interest to act on the advice.

I. Personal Factors

- A. personality
- B. temperament/disposition
- C. energy level
- D. physical health
- E. major strengths
- F. major limitations
- G. personal history/background (family)

II. Major Achievements

- A. things you have done well and received recognition for doing

III. Career Plans

- A. kind of position(s) you are seeking initially (include any extra-curricular activities you are interested in, like coaching or sponsoring a club)
- B. challenges you perceive in your career
- C. responsibilities to self and others as you engage in teaching as your profession
- D. ultimate career goals (10 years from now, 20 years from now, etc.)
- E. the thing for which you hope to be most remembered in your career

IV. Philosophy

- A. importance of your chosen career as related to society

V. Hobbies-Interests

- A. things you have done well and enjoyed
- B. reading
- C. sports
- D. volunteer services
- E. performing arts (drama, music)
- F. recreational activities
- G. other