

***Candice Howard-Shaughnessy, Ph.D.***  
Department of Kinesiology & Health Promotion  
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## EDUCATION

<b>Degree</b>	<b>Institution</b>	<b>Major</b>	<b>Year</b>
Ph.D.	Auburn University	Exercise Science <i>Emphasis: Motor Development/Special Education</i> <i>Advisor: Mary E. Rudisill, Ph.D.</i>	2003
M.S.	Troy State University	Foundations of Education <i>Emphasis: Health and Physical Education</i>	1998
B.S.	Troy State University	Physical Education (non-certification)	1996

## LEADERSHIP EXPERIENCE

**Chair, Department of Kinesiology & Health Promotion** (2008-present)

**Chancellor's Faculty & Staff Fellowship Program** (Jan. 2009 - Sept. 2009)

**Interim Chair, Department of Kinesiology & Health Promotion** (Aug. 2007–2008)

**Chair, Undergraduate Academic Committee,  
College of Health & Human Services** (2009-present)

*Responsibilities include:* conducting intercampus meetings to hear undergraduate student cases to be presented to the Undergraduate Academic Council.

**Chair, Helen Keller Lecture** (2005 – present); *Responsibilities include:* conducting meetings with the Helen Keller Lecture Committee, organizing co-sponsorship, and hosting the lecture and assisting in organizing the Chancellor's Lunch.

**Chair, Undergraduate Academic Committee, College of Education** (2005-present); *Responsibilities include:* conducting intercampus meetings to hear undergraduate student cases to be presented to the Undergraduate Academic Council.

**Co-Chair, Standard 5 Committee, NCATE** (2006-present); *Responsibilities include:* delegating data to be collected, compiling data in proper order, writing Standard 5 – Faculty Qualifications, Performance, and Development

**Advisor, Alt-A Physical Education Majors** (Fall 2005 – present; *Responsibilities include:* Advising and planning for graduate students to pursue Alabama State Department of Education certification in Physical Education (P-12).

**Advisor, Undergraduate Health and Physical Education and Physical Education Majors** (Fall 2004-present); *Responsibilities include:* Assisting undergraduate students with scheduling of their classes, conducting speech and interviews for Teacher Education Program, and attending curriculum workshops with the Teacher Education Department for Teacher Education advisors.

**Director of Community Health Education** (January 2001 – July 2003); *Responsibilities included:* Designing, planning, and implementing programs to educate students and communities on healthy habits and disease prevention, and to increase leadership skills and college preparation for high school students and adults; grant writing for funding of existing and proposed programs; and partnering with other agencies to coordinate and implement programs for schools and communities within a seven county service area in Southeast Alabama. Southeast Alabama Area Health Education Center, Inc. Troy, Alabama

**Laboratory Technician** (September 1998 – April 1999): *Responsibilities included:* Assisting patients with various rehabilitation protocols, educating patients on proper ergonomics, and performing various modalities on patients. Rehab Associates Montgomery, Alabama

**Wellness Center Assistant** (November 1996 – December 1996): *Responsibilities included:* Teaching ergonomics classes for injured employees and teaching aerobics for employees. Alabama River Pulp, Inc., Perdue Hill, Alabama

## TEACHING EXPERIENCE

Associate Professor (August 2009 – Present)

### Troy University

Department of Kinesiology & Health Promotion

Undergraduate Courses taught:

KHP 4462 Physical Education for the Exceptional Child

KHP 4465 Classroom Management for Health & Physical Educators

Graduate Courses taught:

KHP 6617 Readings in Health & Physical Education

KHP 6617 Readings in Sport & Fitness Management

KHP 6691 Research Methods in Health & Physical Education

KHP 6691 Research Methods in Sport & Fitness Management

Assistant Professor (August 2003 – Present)

**Troy University**

Department of Kinesiology and Health Promotion

Undergraduate Courses taught:

KHP 2240 Personal Health

KHP 3360 Physiological Principles of Body Systems

KHP 3361 Integrating Health and Physical Education into the Curriculum

KHP 4410 Motor Development

KHP 4422 Substance Abuse

KHP 4462 Physical Education for Exceptional Children

KHP 4465 Classroom Management

Graduate Course taught:

KHP 6602 Motor Skills and Human Performance

Adjunct Instructor (September 1999 – May 2002)

**Troy State University**

Department of Kinesiology and Health Promotion

Undergraduate Courses taught:

HPR 2200 Health Concepts

HPR 2202 First Aid & Safety/CPR

HPR 3360 Physiological Principles for Body Systems

Graduate Teaching Assistant (September 1999 – January 2001)

**Auburn University**

Department of Health and Human Performance

Graduate Teaching Assistant (January 1997 – June 1998)

**Troy State University**

Department of Kinesiology and Health Promotion

Internship for M.S. from Troy State University (April 1998 – June 1998)

**Flowers Hospital**

Cardiac Rehab Center

Internship for B.S. from Troy State University (September 1996 – November 1996)

**Alabama River Pulp, Inc.**

Wellness Center

**HONORS**

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|----------------|--|
| 2010           | Selected for membership to Kappa Delta Gamma Honor Organization for female educators |
| 2009 – present | President, Phi Kappa Phi Honor Society   |

2007 - 2009	President Elect, Phi Kappa Phi Honor Society
2007	Honored by the Alpha Tau Omega Fraternity for Service
April, 2006	Ingalls Award for Excellence in Classroom Teaching, Troy University
April, 2006	Order of Omega “Ms. Greek”, Troy University
April 5, 2005	Honored by the Sisters of Phi Mu Fraternity for Service
March 28, 2006	Honored by the Sisters of Phi Mu Fraternity for Service
November, 2005	Willis J. Baughman Award at Alabama State Association for Health, Physical Education, Recreation, and Dance for excellence in Majors’ Club (KHP Club)
2001-03	Awarded for appreciation from the Alabama Cooperative Extension System for Outstanding Financial Support through grant money for the Youth Career Summits
1999	Awarded Graduate Teaching Assistantship at Auburn University
1998	Who’s Who Among College Graduate Students
1997	Phi Epsilon Kappa Professional Fraternity
1997	National Association for Sport and Physical Education Outstanding Major of the Year for Fitness/Wellness
1997	Awarded \$1000 Scholarship from the Neal Trust Fund from Brewton, Alabama
1997	Awarded Graduate Teaching Assistantship at Troy State University
1995	Who’s Who Among College Students
1994	Phi Gamma Beta Honor Society
1993	Awarded four-year Excellence in Leadership Scholarship to Troy State University
1993	Awarded Scholarship from the Escambia County Junior Miss Program

## FUNDED GRANTS

- 2009 Funding from the following agencies totaling \$7500 for the 14<sup>th</sup> Annual Helen Keller Lecture:  
The Helen Keller Foundation for Research and Education  
Alabama Institute for the Deaf and Blind  
Alabama State Dept. of Education  
Alabama State Dept. of Rehabilitation Services  
Alabama State Dept. of Mental Health & Mental Retardation
- 2008 Funding from the following agencies totaling \$8000 for the 13<sup>th</sup> Annual Helen Keller Lecture:  
The Helen Keller Foundation for Research and Education  
Alabama Institute for the Deaf and Blind  
Alabama State Dept. of Education  
Alabama State Dept. of Rehabilitation Services  
Alabama State Dept. of Mental Health & Mental Retardation
- 2007 Funding from the following agencies totaling \$8000 for the 12<sup>th</sup> Annual Helen Keller Lecture:  
The Helen Keller Foundation for Research and Education  
Alabama Institute for the Deaf and Blind  
Alabama State Dept. of Education  
Alabama State Dept. of Rehabilitation Services  
Alabama State Dept. of Mental Health & Mental Retardation
- 2006 New Leaf Grant Program funded through the Alabama State Department of Public Health and the Office of Women's Health
- 2006 Faculty Development Grant for "Practical Applications in Creating Field Experience Hours in the P-12 Environment for HPR Majors", presented at the Alabama State Association for Health, Physical Education, Recreation, and Dance in Birmingham, Alabama.
- 2006 Funding from Alabama State Department Agencies for the 11<sup>th</sup> Annual Helen Keller Lecture:  
The Helen Keller Foundation for Research and Education  
Alabama Institute for the Deaf and Blind  
Alabama State Dept. of Education  
Alabama State Dept. of Rehabilitation Services  
Alabama State Dept. of Mental Health & Mental Retardation

- 2005 Faculty Development Grant for “Effects of a Motor Skill Intervention on the Motor Skills in Children with Developmental Delays”, presented at the Alabama State Association for Health, Physical Education, Recreation, and Dance in Birmingham, AL.
- 2004 Faculty Development Grant for “Effects of a Fine Motor and Sensory Motor Intervention on the Motor Development of Infants Who Are At-Risk of Developmental Delays”, presented at the International Society on Infant Studies Conference, Chicago, IL.
- 2003 E. L. Gibson Foundation, \$2000.00. Grant funded to provide two students from the Coffee County area to participate in Southeast Alabama Area Health Education Center Inc.’s Summer Shadowing Program 2003 for disadvantaged and/or underrepresented students. (*P.I. Candice H. Howard*)
- 2002 Robert Wood Johnson Foundation Recruitable Communities Grant, \$162,000. Candice H. Howard and Southeast Alabama Area Health Education Center awarded \$32,500 for their participation. Grant funded to provide assistance for designated rural communities within Southeast Alabama to recruit health professionals and to provide programs on health issues to communities. (*P.I. Alabama Rural Health Association, Candice H. Howard*)

## **PUBLICATIONS**

### **Journal Articles**

- Andrews, A.K., **Howard-Shaughnessy, C.**, Adams, J.E. (2007). Combating CA-MRSA in Physical Education, Sports, and Dance. *Journal of Physical Education, Recreation, and Dance*, (78) 9, 19-21, 31.
- Adalbjornsson, .C. F., Rudisill, M., Wall, S., & **Howard, C.H.** (2005). (invited manuscript) Meeting Active Start Guidelines in the ADC-Boykin Program: Infants. *Teaching Elementary Physical Education*, (15), 18-20.
- Buchanan, A., **Howard, C.**, Martin, E., & Childress, R. (2000). Fit Newton’s great adventure: force and motion: a cooperative problem solving approach to integrating 5<sup>th</sup> grade physical education and science. *Journal of Physical Education, Recreation and Dance*, 73(2), 31-35.
- Howard, C.**, & Smith, E.W. (1998). The effect of subject height and bench height on anaerobic step test power output. *Alabama Journal of Health, Physical Education & Recreation*, 21(1), 27-33.

**Published Abstracts**

Bush, G. & **Howard-Shaughnessy, C.** Physical Fitness Trends Compared to National Norms from a Five Year Project (2002-2006) at a Pike County School. (2007). *Journal of the Alabama Academy of Science*, (78) 2, 139..

**Howard-Shaughnessy, C.** & Bush, G. (2007). Effects of Cup Stacking on Children with Disabilities, *Journal of the Alabama Academy of Science*, (78) 2, 93.

**Howard, C.H.** (2005). Effects of a Motor Skill Intervention on the Motor Skills in Children with Developmental Delays, *Journal of Alabama State Association for Health, Physical Education, Recreation, and Dance*.

**Howard, C.H.** & Bush, G. (2005). Practical Applications in Creating Field Experience Hours in the P-12 Environment for HPR Majors. *Journal of Alabama State Association for Health, Physical Education, Recreation, and Dance, Fall Issue 2005*.

**Howard, C.H.** (2004). Get'em Moving Early. *Journal of Alabama State Association for Health, Physical Education, Recreation, and Dance, Spring 2004 Issue*.

Fischman, M.G., Stodden, D.F., **Howard, C.H.**, & Lehman, D.M. (2001). The End-State Comfort Effect as a Function of Bimanual Grip Selections. *Journal of Sport and Exercise Psychology*, 23 (supplement).

Rudisill, M.E., Adalbjornsson, C.F., **Howard, C.H.**, Lehman, D., Wiley, P., Martin, E.H., Auburn University; Goodway, J.D., The Ohio State University; & Valentini, N.C., Universidade Federal do Rio Grande do Sul. (2001). Mastery Motivational Climate Interventions and Motor Skill Performance: Gender Issues. *Journal of Sport and Exercise Psychology*, 23 (supplement).

Rudisill, M.E., Valentini, N.C., Adalbjornsson, E.F., Goodway, J.D., Martin, E.H., **Howard, C.H.**, Lawrence, M., & Savage, H. (2000). Mastery motivational climate motor skill interventions and motor skill development of young children: An overview of three interventions. *Journal of Sport and Exercise Psychology*, 22 (supplement).

Rudisill, M.E., Adalbjornsson, C.F., **Howard, C.**, Lehman, D., Wiley, P., Martin, E.H., Goodway, J.D., Valentini, N.C. (2001). Mastery motivational climate interventions: gender issues. *Journal of Sport and Exercise Psychology*, 23 (supplement), S56.

**Articles in Progress**

Plyometrics in Physical Education

Perceived Intelligence regarding Physical Activity in College Students

**PROFESSIONAL PRESENTATIONS**

**Howard-Shaughnessy, C., & Bush, G. (2007).** Successfully Linking Theory with Application: School and Community-Based Service Learning Courses Addressing Health and Fitness. “To Whom Much is Given”, The University of Alabama.

Bush, G. & **Howard-Shaughnessy, C. (2007).** (Alabama Academy of Science Annual Conference, Tuskegee, Alabama).

**Howard-Shaughnessy, C. & Bush, G. (2007).** Effects of Cup Stacking on Children with Disabilities. (Alabama Academy of Science Annual Conference, Tuskegee, Alabama).

**Howard, C.H. & Bush, G. (2005).** Practical Applications in Creating Field Experience Hours in the P-12 Environment for HPR Majors. (Alabama State Association for Health, Physical Education, Recreation, and Dance, Birmingham, Alabama).

**Howard, C.H. (2005).** Effects of a Motor Skill Intervention on the Motor Skills in Children with Developmental Delays. (Alabama State Association for Health, Physical Education, Recreation, and Dance, Birmingham, Alabama).

**Howard, C.H. (April 17, 2004).** Get'em Moving Early. (Alabama State Association for Health, Physical Education, Recreation, and Dance, Orange Beach, Alabama).

**Howard, C.H., Rudisill, M.E. Baird, S., McAlister, M., & Barr, S. (May 8, 2004).** Effects of a Fine Motor and Sensory Motor Intervention of the Motor Development of Infants Who Are At-Risk of Developmental Delays, International Society of Infant Studies, Chicago, Illinois).

**Howard, C.H., Rudisill, M.E., McAlister, M., & McAlister, R. (June 10, 2004).** Effects of a Sensorimotor Intervention on the Fine Motor Development of Infants, North American Society for the Psychology of Sport and Physical Activity (NASPSPA). Vancouver, British Columbia).

**Howard, C. H., & Rudisill, M. (November 1, 2003).** Fine and Sensory Motor Intervention: Infants at-risk of developmental delays. (Motor Development Research Consortium Conference, The Ohio State University, Columbus, Ohio).



- Buchanan, A., **Howard, C.**, Martin, E., & Childress, R. (2000). Fit Newton's great adventure: force and motion: a cooperative problem solving approach to integrating 5<sup>th</sup> grade physical education and science. *Journal of Physical Education, Health, Recreation, and Dance*, 73(2), 31-35. ("Sharing the Wealth Physical Education Conference", Jekyll Island, Georgia)
- Howard, C.**, & Smith, E.W. (1998). The effect of subject height and bench height on anaerobic step test power output. *Alabama Journal of Health, Physical Education & Recreation*, 21(1), 27-33. (ASAHPERD, Birmingham, Alabama)
- Rudisill, M.E., Valentini, N.C., Adalbjornsson, E.F., Goodway, J.D., Martin, E.H., **Howard, C.H.**, Lawrence, M., & Savage, H. (2000). Mastery motivational climate motor skill interventions and motor skill development of young children: An overview of three interventions. *Journal of Sport and Exercise Psychology*, 22 (supplement). (NASPSPA, San Diego, California)
- Rudisill, M.E., Adalbjornsson, C.F., **Howard, C.**, Lehman, D., Wiley, P., Martin, E.H., Goodway, J.D., Valentini, N.C. (2001). Mastery motivational climate interventions: gender issues. *Journal of Sport and Exercise Psychology*, 23 (supplement), S56. (NASPSPA, St. Louis, Missouri)

## SERVICE

### University Service

- |              |   |
|--------------|---|
| 2010         | Member, Committee on Promotion and Tenure Appeals, Troy University          |
| 2010         | Member, College Assessment Workshop Committee                               |
| 2008-present | Member, Quality Enhancement Plan Implementation Committee                   |
| 2008-present | Member, Ecampus Communication Committee                                     |
| 2008         | Attended Troy University Leadership Conference                              |
| 2006-2007    | Co-Chair, Standard 5 – Faculty Qualifications, Performance, and Development |
| 2006-present | Member, Troy University Institutional Effectiveness Committee               |
| 2005-2006    | Chair, Printed Program Committee, Honors Convocation                        |
| 2004-present | Impact Session Leader for KHP Department                                    |

- 2003-04 Member, NCATE Diversity Committee, Troy State University  
*Responsibilities include: reviewing the integration of diversity issues into the university's teacher education courses.*
- 2003-04 Member, Research Review Board, Troy State University.  
*Responsibilities include: reviewing research proposals, commenting on pros and cons of proposal, and voting on whether or not to pass the research proposal.*
- 2000-03 Member, Section III SACS Steering Committee. *Responsibilities include: organizing and recording the goals/objectives, the tool used to evaluate goals/objectives, and results of each college within the Troy State University, Troy campus; reporting any conflicts, etc., of evaluation tools; and compiling a flow chart of the information.*
- 1998-99 Member, Ingall's Faculty Award. A student committee created to evaluate and select one faculty member each year for classroom excellence. *Responsibilities included evaluating nominated teachers by observing class instruction and interviewing the teachers, then selecting one teacher for the award.*

### **College Service**

- 2010 Member, Search Committee, Student Services Coordinator, Student Services
- 2010 Co-Chair, P-12/Secondary Coordinator, College of Education
- 2009-present Member, Executive Faculty Committee
- 2009-present Chair, Undergraduate Academic Committee
- 2009-2010 Data collector for CHHS – HOMER system
- 2009 Chair, 14<sup>th</sup> Annual Helen Keller Lecture Committee
- 2008 Chair, 13<sup>th</sup> Annual Helen Keller Lecture Committee
- 2007 Chair, CHHS Institutional Effectiveness Committee
- 2007 Chair, 12<sup>th</sup> Annual Helen Keller Lecture Committee
- 2007-present Member, CHHS International Committee

- 2007-present Member, CHHS Facility Committee
- 2007-present Member, CHHS Grants & Research Committee
- 2007-present Member, CHHS College Executive Committee
- 2007 Attended "DreamWeaver" Computer Software Training
- 2006 Chair, 11<sup>th</sup> Annual Helen Keller Lecture
- 2006 Co-Chair, NCATE Standard 5 – Faculty Qualifications, Performance, and Development, College of Education
- 2006-present Member, Committee to develop procedural policy for the College of Health and Human Services by which faculty may request release time for grant initiatives.
- 2006 Coordinator, Homecoming Tent for the CHHS
- 2005-present Chair, Undergraduate Academic Committee, College of Education
- 2005 Member, 10<sup>th</sup> Annual Helen Keller Lecture Committee
- 2004 Member, 9<sup>th</sup> Annual Helen Keller Lecture Committee

**Departmental Service**

- 2010 Chair, Health Education Curriculum  
Completed proposal for Alabama State Department of Education for Health Education curriculum.
- 2009-present Member, COSMA Accreditation Committee
- 2009 Initiated Department of Kinesiology & Health Promotion Endowed Scholarship Fund via fundraising efforts by faculties and students in Department of Kinesiology & Health Promotion.
- 2009 Initiated Department of Kinesiology & Health Promotion Annual Scholarship via fundraising conducted by faculties and students in Department of Kinesiology & Health Promotion.
- 2008 Conducted KHP Faculty Professional Development Workshop  
Provided KHP faculty with notebooks of information

- 2008 Co-Chair, Secondary/P-12 Coordinator Search Committee,  
Department of Curriculum & Teaching, College of Education
- 2007-present Interim Chair, Department of Kinesiology & Health Promotion
- 2007-present Chair, Search Committee for Asst./Assoc. HPE position.
- 2007-present Member, Search Committee for Asst./Assoc. SFM position.
- 2007-present Member, Search Committee for Asst./Assoc. PE/SFM position.
- 2007 Member, Committee to Examine Student Lab Fees in KHP
- 2007 Member, Search Committee for Department Chair for Department  
of Curriculum and Teaching, College of Education
- 2007 Member, Teacher Education Revision Committee, College of  
Education
- 2006-2007 Assisted with fund raising for Nick Costes Run
- 2005-2006 Advisor, Undergraduate Interns in Health (grades 6-12) & Physical  
Education (P-12) Comprehensive and Physical Education (P-12)
- 2004-present Advisor, Kinesiology and Health Promotion Club  
2005, Awarded Willis J. Baughman Award from Alabama  
State Association for Health, Physical Education,  
Recreation, and Dance in addition to providing donations to  
the following:  
AIDB Equestrian Program  
DHR Christmas Program  
Big Brothers Big Sisters Christmas Program  
Thanksgiving for Families  
Scholarships Awarded to Laura Prior and Emily  
Insinga (members of KHP Club)  
Disaster Relief for Waveland, Mississippi and  
Enterprise, Alabama  
2004 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place winners in Homecoming  
Activities  
Sponsored Laura Prior to attend National meeting where  
she was awarded the Outstanding Major of the Year in  
Health & Physical Education
- 2004-2006 Assisted others in department with exhibit for Senior Preview Day

- 2003-2008 Advisor, Phi Epsilon Kappa Professional Fraternity
- 2003 Assisted with JRC-AT site visit for Athletic Training Education Curriculum
- 2001-present Member, Committee for Science Curricula for Department of Kinesiology and Health Promotion
- 2001-02 Member, Healthy Schools – Healthy Kids Grant Project awarded to the Charles Henderson Child Health Center. *Responsibilities included implementing physical and health-related programs in the public schools, using my current undergraduate students in my Physical Education for Exceptional Children and Motor Development classes.*
- 1997-98 Member, American Lung Association’s “Open Airways” program. *Responsibilities included my undergraduate Health Education students incorporating physical activities into the “Open Airways” asthma program for elementary school children in the local public schools.*
- 1994-1998 Through the Department of Kinesiology and Health Promotion, conducted weekend CPR re-certification classes.

### **Professional Service**

- 2009-present Carol M. White PEP Grant partner with Dale County Schools. Responsible for implementing workshops for educators relevant to grant.
- 2009-2010 Collaborated with McGraw-Hill Publishers to implement physical activity courses via Blackboard.
- 2009 Guest Speaker, LDR 3300, Leadership Class
- 2009 Attended American Alliance for Health, Physical Education, Recreation and Dance webinar
- 2008 Member, Alabama State Department of Education Course of Study: Health Education Committee
- 2007 Volunteer, National Volunteer Week, Phi Kappa Phi
- 2007 Guest Speaker, Annual SGA Leadership Conference, Troy University

- 2007 Guest Speaker, Alabama Governor's Youth Leadership Forum for Students with Disabilities, Troy University
- 2007 Volunteer, International Thanksgiving Banquet, Troy University
- 2005-2007 District 2 Representative for the Alabama State Association for Health, Physical Education, Recreation and Dance.
- 2006 Organizer for Professional Development ASAPERD Regional Workshop held at AUM for Professional Development Hours for certified Physical Education teachers
- 2004 Board Member, Alabama State Association for Health, Physical Education, Recreation, and Dance
- 2004-2007 Coordinator, as District 2 Representative for exhibits at the ASAPERD conference with other district representatives
- 2004 Participant, Data Collection, Dr. Sherry L. Folsom-Meek, Coordinator, Developmental/Adapted Physical Education at Minnesota State University, Mankato
- 2004 Participant, Academic Advising Workshop, Troy State University
- 2003-2006 Presider for lecture at the Alabama State Association for Health, Physical Education, Recreation, and Dance Conference (ASAPERD) in Birmingham, Alabama
- 2001-2008 Member, VOICES For Alabama's Children
- 2000-present Member, North American Society for Psychology of Sport and Physical Activity (NASPSPAS)
- 1997 Presider for lecture at ASAPERD Conference
- 1997-2008 Member, American Association for Health, Physical Education, Recreation, and Dance AAHPERD)
- 1997-present Member, National Association for Sport and Physical Education (NASPE)

**Community Service**

- 2010 Member, Staff Parish Relations Committee, First United Methodist

Church, Troy, Alabama

- 2009-present Co-Chair, Pike County Relay for Life
- 2008 Member, Board of Trustees, Troy Miracle League
- 2008-present Member, Board of Trustees, Janice Capilouto Center for the Deaf/Easter Seals
- 2008-present Member, Board of Trustees, Pike County American Cancer Society
- 2008-present Chair, Janice Capilouto Center for the Deaf/Easter Seals Strategic Planning Sub-Committee
- 2008-present Member, Janice Capilouto Center for the Deaf/Easter Seals Legal Sub-Committee
- 2008-2009 Member, Janice Capilouto Center for the Deaf/Easter Seals Membership Sub-Committee
- 2007-2009 Member, Board of Trustees, First United Methodist Church, Troy, Alabama
- 2007 Guest Speaker, Award Ceremony, Banks Elementary School
- 2006 Guest Speaker, Pike County Business Women's Association
- 2006-2007 President, Troy Junior Women's League  
Raised over \$5,000 (more money raised in a single year by any president). Largest donor to the Pike Regional Child Advocacy Center (700\$), was awarded the GOLD AWARD for donating 1000\$ to the American Cancer Society's Relay for Life, and provided a Pike County high school graduating female a 1000\$ scholarship to Troy University (recipient was from Pike Liberal Arts School, Troy, Alabama).
- 2006-2007 President, Philanthropic Educational Organization
- 2005-2007 Chair, Staff Parish Relations Committee, First United Methodist Church, Troy, Alabama
- 2005-2008 Volunteer, Girl's State, Troy University
- 2005 Volunteer, Eating Disorder Awareness Campaign, Troy State

University Counseling, S.A.V.E. Project

- 2005 HPR 4465 class developed and implemented a Spring Festival for local preschool and kindergarten programs on the Troy University campus
- 2005-present Volunteer and Guest Speaker at Troy Housing Authority
- 2005 Guest Speaker for Campus Resident Directors
- 2005-2006 Vice President, Troy Junior Women's League
- 2005-2006 Vice President, Philanthropic Educational Organization
- 2004-2007 Appeared on various television and radio talk shows promoting Troy Junior Women's League Breakfast with Santa and Christmas Carnival (annual fund raiser)
- 2004-present Member, Church Council, First United Methodist Church, Troy, Alabama
- 2004-present Member, "Friend of the Troy Library"
- 2004 HPR 4465 class developed and implemented a Spring Festival for local preschool and kindergarten programs on the TSU campus.
- 2004 Attended/participated in Academic Advising Workshop held by Donna Clark Schubert, Coordinator of Academic Advising
- 2004 Volunteer, Troy State University Baseball Season Ticket Blitz  
Sold the third most season tickets.
- 2004-2005 Volunteer, Troy University Freshmen Forum
- 2003 HPR 3361 class developed the challenge course for the K-2<sup>nd</sup> grade students for the Troy Elementary Fall Festival
- 2002-present Member, Philanthropic Educational Organization
- 2002 Keynote speaker at W.S. Neal High School Graduation
- 2002 Member, Daycare Director Search Committee for local daycare, Troy, Alabama
- 2001-02 Member, Youth Career Summit Planning Committee with Wallace



College and the Alabama Cooperative Extension System.

*Responsibilities included: grant writing for funding of the career summits, planning, coordinating, and implementing advertisement strategies to the 13 county service area, and facilitating a session at each career summit.*

- 2001 Member, Interagency Planning Committee. *Responsibilities included planning physical activities and health-related activities (e.g., health fairs) for students and adults in Crenshaw County communities.*
- 2001 Member, Health Fair Planning Committee for Covington County. *Responsibilities included providing physical activities for children aged 5-10, providing height, weight, and growth charts, and providing parents with nutritional and exercise information for children.*
- 1999-present Member, Troy Junior Women's League
- 1999-present Member, American Cancer Society's Relay For Life
- 1997-99 Volunteer Health Education Instructor at Flowers Hospital. *Responsibilities included teaching cardiac rehabilitation patients health-related topics.*
- 1994-95 Volunteer ballet and gymnastics teacher at Colquett's School of Dance. *Responsibilities included instructing children aged 2-5 in ballet and gymnastics using various methods of integrating other areas of art (e.g., using the characters in the Cinderella story to learn ballet movements).*