

# Dr. Candice Howard Selected for 2006 Ingalls Award

Dr. Candice H. Howard, assistant professor in the Department is the 2005-2006 recipient of the Ingalls Award for Excellence in Classroom Teaching, the University's most prestigious honor for faculty members.

Dr. Howard received the award during the University's annual Honors Convocation held Monday, April 17th, in the Claudia Crosby Theater.

The Ingalls Award is given annually to the teacher on the Troy Campus who has "most diligently, effectively and cheerfully conducted his or her classes during the current academic year." Students nominate faculty members for the award, and a committee of students and faculty advisers selects the recipient.

Dr. Howard served as a graduate teaching assistant at both TROY and Auburn before joining the Troy University faculty as an adjunct instructor in 1999. She became a full-time member of the TROY faculty in 2003 as an assistant professor in the Department of Kinesiology and Health Promotion.

Dr. Howard has had articles published in numerous journals including *Teaching Elementary Physical Education*, *Journal of Physical Education*, *Health, Recreation*

*and Dance* and the *Journal of Sport and Exercise Psychology*. She also has made presentations for the International Society of Infant Studies, the National Association of Sport Psychology for Sport and Physical Activity and the Motor Development Research Consortium.

In addition to her teaching responsibilities, Dr. Howard also chairs the University's Helen Keller Lecture committee and is a member of VOICES for Alabama's Children, the North American Society for Psychology of Sport and Physical Activity, the American Association for Health, Physical Education, Recreation and Dance and the National Association for Sport and Physical Education.

Dr. Lance Tatum, Department of Kinesiology and Health Promotion Chair said "The Department is very proud of Dr. Howard and her selection for this award. She is a committed faculty member and our students are fortunate to have the opportunity to learn under her instruction."

*Contributions to this story provided by TROY Today Newsletter and Andy Ellis.*



## Special points of interest:

- *Student Awards*
- *Southern Sports Management Conference*
- *Faculty Alumni Activities*
- *Departmental Happenings*

# Student Awards

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## 2006 Departmental Student Awards Banquet

The Department of Kinesiology & Health Promotion hosted its Annual Departmental Awards banquet for its Physical Education, Health/Physical Education Comprehensive, and Sport and Fitness Management majors in April of 2006. Following Dr. Candice Howard's welcome and the subsequent dinner, awards were given to various KHP recipients. KHP Award winners are as follows:

- Outstanding Major of the Year in Sport and Fitness Management: **Emily Cobb**
- Outstanding Major of the Year in Physical Education: **Nathan Perkins**
- Outstanding Major of the Year in Health/Physical Education Comprehensive: **Mandy Wills**
- Outstanding Major of the Year (overall): **Emily Insinga**
- Sam Roe Award: **Henry Dawkins**

After the recognition of the departmental awards, Dr. Candice Howard provided an overview of the Kinesiology & Health Majors Club (KHP Club) 2005-2006 activities and achievements. Under the leadership of Drs. Howard and Bush, the KHP Club won the Alabama State Association for Health, Physical Education, Recreation, and Dance (ASAHPERD) Outstanding Student Club award, titled the Baughman Award, at the fall conference. This award acknowledges the community service efforts of the club. The award was presented at the Fall ASAHPERD Conference luncheon banquet in Birmingham, AL. Congratulations to all award recipients. This year's banquet was a success because of our committed majors and dedicated faculty.

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## 2006 Honors Convocation Recipients

The following awards were presented at the 2006 Honors Convocation held on April 17<sup>th</sup> at the Claudia Crosby Theater. These awards are given in each major within the Department of Kinesiology & Health Promotion and are based on the highest GPA within each degree area. Faculty nominated students and their grade point averages are confirmed in order to receive these awards.

- Academic Honor Award in Comprehensive Health and Physical Education: **Emily Insinga**
- Academic Honor Award in Sport and Fitness Management: **Terrance Pope**

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## Laura Prior Wins RUTH ABERNATHY PRESIDENTIAL SCHOLARSHIP (formerly the National Presidential Scholarship of AAHPERD)

Since 1995 the American Alliance for Health, Physical Education, Recreation and Dance has awarded scholarships to outstanding future professional members, undergraduates and graduates. The Ruth Abernathy Presidential Scholarship (formerly the National Presidential Scholarship of AAHPERD), developed by the past presidents of AAHPERD to honor deserving students, is awarded to three undergraduate and two graduate students at the national convention held in the spring of each year. This award was presented to Laura Prior at the National AAHPERD conference held in Salt Lake City, on April 27<sup>th</sup>, 2006. There were only two students in the country to receive the Abernathy award. Undergraduate awards will be in the amount of \$1,000 each and graduate awards will be in the amount of \$1,500 each. Recipients will also receive a three-year AAHPERD membership.

## **KHP Club Wins Statewide Award**

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The Kinesiology and Health Promotions Club (KHP Club) has been awarded the Willis J. Baughman Award for outstanding school and community service. This award, given by the Alabama State Association of Health, Physical Education, Recreation and Dance (ASAHPERD), is given to an affiliated club that demonstrates outstanding leadership and service to its school and community.

The KHP Club at Troy University is comprised of Physical Education, Health/Physical Education and Sports and Fitness Management majors within the Dept. of Kinesiology and Health Promotion. It has 55 members and is advised by Dr. Candy Howard and Dr. Gayle Bush. The club will receive an engraved plaque and the club's name will be engraved on the state plaque.

"The criterion for the award also requires the club to be involved in fund raising and community education," said Dr. Candice Howard, one of the club's advisors. "We congratulate the KHP Club and its members for their achievements."

In addition to the club's award, two members received individual recognition. Emily Insinga, a senior health/physical education major from Hope Hull and KHP Club vice-president, will be awarded the ASAHPERD Student Professional Development Award. KHP Club President Laura Prior, a senior health/physical education major from Opp, will be awarded the ASAHPERD Outstanding Student Award. Insinga and Prior will receive these awards at the fall ASAHPERD conference in Birmingham.

The ASAHPERD Outstanding Student Award is given to an outstanding student member of ASAHPERD majoring in health, physical education, recreation, and/or dance who has

shown leadership, scholarship, and service during his/her undergraduate professional preparation. The award recipient shall be advanced to the Southern District American Alliance Health, Physical Education, Recreation, and Dance Outstanding Student Award competition. Criterion for the award includes serving as a positive role model for the campus life activities, service to college/university and community, exhibits a healthy lifestyle, and scholarship. The Alabama State Association for Health, Physical Education, Recreation, and Dance Outstanding Student Award was awarded to Laura Prior. The Professional Development Award was awarded to Emily Insinga.

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## **Dr. Jason Lee takes new position in Florida**

Dr. Jason Lee will be leaving Troy this summer to start a new position at the University of North Florida in Jacksonville starting this fall. Dr. Lee has been a part of the Sport Management faculty since the fall of 2002. Dr. Lee was instrumental in creating the Alabama Institute for Sports and Fitness Management and beginning the Annual Southern Sport Management Conference at Troy University. His contributions in teaching, research, and community involvement will be missed. The Department of Kinesiology and Health Promotion wishes Dr. Lee and his family the very best in his new position.

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## Nick Costes Run an Annual Success

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The KHP Department sponsored the Annual Nick Costes Road Run on March 18th. The event, which has in the last few years has become a part of the University St. Patrick's Day celebration. The run was a success with over 35 runners and raising over \$400 for the KHP club. The event is planned, organized, and administered by the undergraduate Sport Administration class, taught by Dr. Fred Green. The Costes Road Race provides a real world opportunity for students to utilize skills learned in class in a practical setting.

The funds from the race will provide student funds for students to attend conferences and workshops.

Alumni are encouraged to return to campus and participate in the race and other activities that surround the St. Patrick's Day celebration.

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## 2006 Phi Epsilon Kappa Induction

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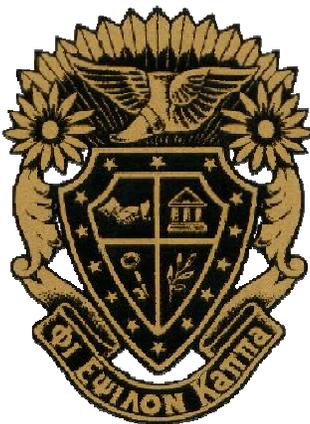
*Phi Epsilon Kappa Fraternity is a national professional fraternity for persons engaged in or pursuing careers in health, physical education, recreation, sport management, or safety.*

Phi Epsilon Kappa Fraternity, founded on April 12, 1913, is a national professional fraternity for persons engaged in or pursuing careers in health, physical education, recreation, sport management, or safety. Membership is open to all persons interested in the purpose of the Fraternity and in providing their time and energies for the benefit of health education, physical education, recreation, sport management, and safety education

On Thursday, March 30, 2006 the Delta Sigma Chapter of Phi Epsilon Kappa of Troy University inducted new members.

The 2006 inductees included the following:

|                 |                 |
|-----------------|-----------------|
| Virginia Barber | Shauna McVeigh  |
| Baley Blake     | Stephen Sims    |
| Leslie Snellman | Whitney Stanley |
| Taylor Sullivan | Daniel Hart     |
| Nathan Perkins  | Teresa Herring  |
| Adam Grace      |                 |



# The Second Annual Southern Sport Management Conference 2006

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The Alabama Institute for Sports and Fitness Management sponsored the 2<sup>nd</sup> Annual Southern Sport Management Conference at Troy University, April 6 and 7, 2006.

The conference theme was "Enhancing Sport Management." Conference presenters included: Bob Bernard, SMA Strategic Marketing Affiliates; Dr. Dan Drane, USM; Dr. Chevelle Hall, Grambling State University; Jimmy Harris, Associate Director of Athletics at Auburn University, and many others. The conference is a premier educational event, and an exciting way to learn the latest information on a variety of skills that will enhance all programs in the sport management field.

There were 105 total participants from 9 different states. The participants were varied including professionals in sport management, professors, graduate students, and undergraduate students. In addition to Troy University students, there were students and professors from nine other colleges and universities teaching sport management. The graduate class in Sport Marketing organized the conference, and also raised money and secured donations for food, door prizes, and sponsorships. The conference made over \$1,000 for the Alabama Institute of Sport and Fitness Management.

The keynote speaker was Mr. Bob Bernard CEO of Strategic Marketing Affiliates, Inc. He is Troy University's representative in all athletic licensing endeavors. Another conference speaker was Dr. Brenda Pitts from Georgia State University who is a leader in the sport management field nationwide with six textbooks and numerous journal articles published. She has also been an officer in NASSM (North American Society for Sport Management), in which Troy University's program in sport management is pursuing accreditation. The feedback from conference participants has been extremely positive, with many attendees expressing interest in attending next year.



AISFM offers a forum for the collection and sharing of information and activities pertaining to Sport and Fitness Management in the state of Alabama. Institute programs include: the guest lecture series, Kids at Kollege, conferences, and other educational activities.

## Department/Faculty/Alumni Spotlight

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Members of Dr. Smith's HPR 4487 Laboratory Practicum class have been involved in several experiences that should help prepare them for careers in exercise performance. Several students and graduate students have assisted with the collection of baseline fitness data for 200 3rd through 5th graders in area counties. This data collection is part of the CATCH program grant, an integrative approach to improving the health status of school aged children. Efforts are made by the schools and parents to promote an environment that encourages healthier choices in eating and activity patterns. The KHP department will continue to work with these programs with follow up testing over the next three years. Dr. Smith's students have also been involved with the WIN project, a pilot wellness program, targeting female faculty and staff in the CHHS. This pilot project offers education, resources, and support in improving women's health through nutrition, physical activity, and stress management.

Dr. Bush's classes have been involved with the Steps to a Healthier Alabama Grant program, participating in the implementation of the Asthma Safari and Open Airways Programs, and the first annual Pike County Wellness Expo. The Expo was a joint effort with the university to reach the community of Troy and surrounding areas with health education materials, free health screenings, and fun activities for children. Dr. Bush also received the Steps to a Healthier Alabama Community Service Award for the 2005-2006 year from the Alabama Department of Public Health in Montgomery.

Ms. Flynn, Ms. Sorrell, and Dr. Howard, along with a number of students, offered an activity workshop in February at AUM to area physical education teachers. This was the first time the KHP club had been involved in an area-wide

outreach to teach local teachers new activities for their students in k-12 setting. This workshop promises to become an annual event.

### **Alumni Updates:**

**Starr Hilburn, M.S. SFM:** Starr and her son Ivie live in Spartanburg, SC, and she works with Spartanburg Christian Academy, a member of the independent schools in SC (SCISA).

**Brandon Britton, B.S. SFM and Kelly**

**Heinzman-Britton, B.S. Physical Education:**

Brandon and Kelly have a soon to be one year old son named Trent Michael Britton. Kelly teaches at Fort Myers High.

**Chandra Newman, B.S. Physical Education:**

Serving in Afghanistan as a helicopter pilot in the Navy.

**David Hanson, B.S. and M.S. SFM:** Operations Manager with Yachting Promotions Inc. D/B/A Show Management in Ft. Lauderdale, Florida.

**Matt Dewitt, M.S. SFM:** Recently promoted Assistant Director of Athletics for Internal Affairs at Newberry College in Newberry, S.C.

**Jimmy Strickland, M.S.:** Serving as the sports medicine coordinator for HEALTHSOUTH in Birmingham, AL.

**Henry Dawkins, B.S. Physical Education/Health:** Teaching physical education at Hidden Lake Elementary in Dothan.

**Tim Lutz, B.S. SFM:** Hired as the Sports Information Director for Huntington College in Montgomery, Alabama

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Alumni can visit the Kinesiology and Health Promotion web site and send information electronically on your recent accomplishments and activities.

Visit us at: <http://spectrum.troy.edu/~khp/aluminfo.htm>



***Department of Kinesiology  
& Health Promotion***

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The Department of Kinesiology would like to keep up with our alumni and other update readers. Please email Mrs. Locklar at [glocklar@troy.edu](mailto:glocklar@troy.edu) and update us with your current email address and activities. Additionally, we would like to receive updates on any personal or professional accomplishments in the lives of Departmental alumni. Please provide the requested information by replying via email or through cut out return the section below.

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Alumni can also visit the Kinesiology and Health Promotion web site to send information in electronically. Visit us at: <http://spectrum.troy.edu/~khp/aluminfo.htm>

**TELL US ABOUT YOURSELF!**

Few items are of as much interest to us as news about our friends and acquaintances. So pass on the latest news about you-your promotions, community activities, professional achievements, offices, honors, etc.

Name \_\_\_\_\_ Address \_\_\_\_\_

E-mail \_\_\_\_\_

Degree (s) from TROY and Dates \_\_\_\_\_ Employer \_\_\_\_\_

What is new with you? (promotion, honor, award, citation, project work) \_\_\_\_\_

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