

Volume 5, Issue 1

Spring 2005

TROY
UNIVERSITY

Department of Kinesiology &
Health Promotion Newsletter

Department Holds 2005 Awards Banquet

This spring, the Department of Kinesiology & Health Promotion hosted its annual departmental awards banquet for its Physical Education, Health/Physical Education Comprehensive, and Sport and Fitness Management majors. Following Dr. Candice H. Howard's welcome and the subsequent dinner, awards were given to various KHP recipients including:

- **Outstanding Major of the Year in Sport and Fitness Management:** Amy Brisbin
- **Outstanding Major of the Year in Physical Education:** Laurie Tinsley
- **Outstanding Major of the Year in Health/Physical Education Comprehensive:** Lana Johnson
- **Outstanding Major of the Year (overall):** Matthew Mayotte
- **The Sam Roe Award:** Rhoida Motto

After the recognition of the departmental awards, Dr. Gayle Bush provided an overview of the Kinesiology & Health Majors Club (KHP Club) 2004-2005 activities and achievements. The KHP Club won four different awards during Homecoming 2004, including 1st place in the float division and 3rd place overall for the homecoming week's activities. Additionally, the KHP Club sent 14 students to the Alabama State Association for Health, Physical Education, Recreation, and Dance conference in Birmingham, Alabama.

This year's Phi Epsilon Kappa inductees were also introduced at the year's awards banquet. New officers for the 2005-2006 year were announced including: President, Laura Prior; Vice-President, Emily Insinga; Secretary, Nicole Kinney; and Treasurer, Terrance Pope.

In addition to departmental awards, two outstanding students were recognized for winning national awards. The National Association for Sport and Physical Education (NASPE) is an affiliate of the American Alliance of Health, Physical Education, Recreation, and Dance. Each year, nominations are sent for outstanding students who excel in their area of study (GPA) and are active within their field and majors' club. The NASPE Outstanding Major of the Year Award for Sport and Fitness Management was awarded to Amy Brisbin and the NASPE Outstanding Major of the Year Award for Health/Physical Education was awarded to Laura Prior. These awards were presented at the AAHPERD conference held in Chicago, Illinois during the week of April 11th.

Congratulations once again to inductees and award recipients. This year's banquet was a success because of our interested majors and dedicated faculty.

Special points of interest:

- *The Year in Review*
- *Faculty Achievements*
- *Departments Awards & Happenings*

Chair's Message

Dear Alumni and Friends,

Again, we find ourselves at the end of another academic year (time flies when you're having fun). The year has been a very busy and productive one for the Department of Kinesiology & Health Promotion. As most of you may have already heard, the University has been in the process of unifying the Dothan, Montgomery, and Troy campuses. This process has seen the restructuring of the administration and academic units of the University. Beginning August 1, 2005 Troy University will be "one" university, with common course numbering, student handbooks, faculty handbooks, common curriculum, etc. The work that has been done to make this unification a success has involved every unit of the University and many of the faculty and staff from the Department. The changes coming in August will allow a more efficient use of resources and talents throughout the campuses, as well as more opportunity for students to transfer within the structure. The most impressive aspect of this major reorganizing effort, is that the faculty in the Department have continued to be actively engaged in learning experiences, research, attending conferences, and providing service to the University and the community throughout the year.

As in years past, the Departmental faculty continues to remain as one of the most active departments on campus in scholarly productivity and community involvement. Over the last year, the faculty have again produced dozens of presentations, articles, and participated in creative activities throughout the state. Of particular note, Dr. Edith Smith was promoted to full professor and the Department hired a new faculty in the Sport & Fitness area, Dr. Fred Green from Newberry College in South Carolina. The Department, in conjunction with the Alabama Institute for Sport and Fitness Management (AISFM) conducted the inaugural Southern Sport Management Conference in April, attracting students, scholars, and industry professionals from throughout the southeast. Additionally, AISFM was active this year presenting its second annual *Guest Lecturer Series*. AISFM, along with the Department of Athletic and the Division of Student Services, sponsored this year's presenter, Mr. Michael Franzese. Mr. Franzese is a frequent speaker to Major League Baseball rookies, NBA rookies, and has spoken to students and athletes at numerous NCAA institutions on the issue of gambling.

In addition to faculty and departmental activities, the Department's student major club (which changed its name from the HPER Club to the KHP Club this year) participated in a number of activities throughout the academic year. The club participated in several activities throughout homecoming week. For their efforts, the Club finished in 3rd place overall for the week's activities in their division. In addition to Homecoming, the Club also assisted with the annual Nick Costes 5K/10K Road Race, held several fund raising activities, and attended the fall and spring ASAPHERD conferences. Congratulations go out to all of the KHP Club students and Drs. Howard and Bush for working so hard to make this year such a success.

In closing, let me again invite each of you to visit us on campus or drop us a line through email or regular mail correspondence. We are always excited to hear what former students are doing and where they are located. Also, please consider contributing to the Troy University Foundation. You can earmark your contribution for the Department of Kinesiology & Health Promotion. These funds will allow the department to further expand its services to current and former students. Thank each of you for your continued support of Troy University and the Department of Kinesiology & Health Promotion.

Go Trojans,

Lance Tatum, Ph.D.

Department Chair Kinesiology & Health Promotion

Dr. Smith is Honored

Dr. Edith W. Smith, Professor and Director of the Exercise Performance Laboratory at Troy University, has over 25 years of experience teaching Health and Fitness at the college level. She is an active member of the American College of Sports Medicine (ACSM), National Strength & Conditioning Association (NSCA) and the American Alliance of Health, Physical Education, Recreation and Dance (AAHPERD). She holds certifications as an ACSM Health & Fitness Instructor and NSCA Strength & Conditioning Specialist. She has published articles in respected journals such as *Medicine & Science in Sports & Exercise*, *American Journal of Physiology*, and *Sports Medicine* and frequently presents at state, regional, and national meetings. Additionally, Dr. Smith was promoted to Full Professor this academic year. Dr. Smith was presented the Wallace D. Malone, Jr. Distinguished Faculty Award in the fall of 2004. This annual award honors the contributions of Troy University faculty in the areas of scholarship, teaching and service. Dr. Smith currently serves as the Vice President of Sport Science for the Alabama Association of Health, Physical Education, and Dance.

Faculty Achievements for 2004-2005 Academic Year

Gayle Bush

Presentations:

Bush, G. (September, 2004). "Classroom Management that Fosters Learning." Covington County Schools in-service workshop.

Hall, M., & Bush, G. (November, 2004) How to Partner Collegiate Methods Courses with a Local K-12 School for Experiential Learning and Longitudinal Studies. ASAPHERD Fall Conference, Birmingham, AL.

Bush, G., Hall, M., & Johns, R., (April, 2005). How to Create Surveys and Analyze the Results Using SPSS, with Examples from Health and Physical Education Research. AAHPERD National Conference, Research Consortium, Chicago, IL.

New Committee Appointments:

Research Review Board, Troy University

ASAHPERD Journal reviewer for health education article submissions

AAHE Research Coordinating Board of Directors, AAHPERD

Publications:

Bush G., Hall M. & Johns, R. (2005). How to Create Surveys and Analyze the Results Using SPSS, with Examples from Health and Physical Education Research, *Research Quarterly of Exercise and Sport Supplement*.

Lee J., Bush, G., & Smith E. (2005). Service Learning: Creating Practical Learning Experiences in Health and Physical Education, *Strategies*.

Lee, J. W., & Bush, G. (2005). Tobacco sponsorship in sport: Sending the wrong message, *Outside the Box Sport Article Bank*.

Cathy Flynn

Implemented experiential learning projects with her students: *Steps to a Healthier Alabama* program and *Open Airways* program.

Presented at the ASAHPERD Spring Conference.

Dr. Fred Green

Presentations:

Green, F., Tatum, L., & Lee, J. W. (October, 2004). The Preference of Spectators of Professional Team Sports Related to Game Time Scheduling. Florida State University Sport Management Conference, Tallahassee, FL.

Lee, J. W., Tatum, L., & Green, F. (October, 2004). Building the Brand: The New Look of Troy University. Florida State University Sport Management Conference, Tallahassee, FL.

Professional Activities:

Co-coordinator, Inaugural Southern Sport Management Conference, April 7-8, 2005, Troy, AL.

Named Co-Director of the Alabama Institute for Sport & Fitness Management (AISFM).

[Faculty Achievements continued on p. 6]

Department Hires New Faculty Member

Before joining Troy University as an Associate Professor, Dr. Fred Green had been a professor for 10 years at Newberry College in Newberry, SC, spending the last 7 years as Chair of the Physical Education Department. He was also the Faculty Athletic Representative and Chairman of the Tenure and Promotion Committee at Newberry College. Dr. Green helped create the sport management division of (SCAHPERD) The South Carolina Alliance for Health, Physical Education, Recreation and Dance,

where he also served as an officer within the organization. Before coming to Newberry College Dr. Green was a recreation director in Lee County, Florida. Dr. Green looks forward to sharing his many experiences and working closely with Troy University faculty, staff and students toward growing Troy into “One Great University.”

2005 Phi Epsilon Kappa Induction

**Phi Epsilon Kappa
Fraternity is a national
professional fraternity for
persons engaged in or
pursuing careers in health,
physical education,
recreation, sport
management, or safety.**

Phi Epsilon Kappa Fraternity, founded on April 12, 1913, is a national professional fraternity for persons engaged in or pursuing careers in health, physical education, recreation, sport management, or safety. Membership is open to all persons interested in the purpose of the Fraternity and in providing their time and energies for the benefit of health education, physical education, recreation, sport management, and safety education

On Thursday, March 31, 2005 the Delta Sigma Chapter of Phi Epsilon Kappa of Troy University inducted 20 new members. Presiding at the induction ceremony were President, Matthew Mayotte, Vice-President, Jesse Douglas, Secretary, Gabriel West, Treasurer, Lana Johnson, and faculty advisor, Dr. Candice Howard.

The 2005 inductees included the following:

Justin Bragg	Nicole Kinney
Randy Bryant	Terrance Pope
Emily Cobb	Laura Prior
Adam Coppock	Jason Schneider
Crystal Crews	Jason Smith
Henry Dawkins	Leah Spurlin
Dr. Fred Green	Laurie Tinsley
Robert Hindall	Alan Thornton, Jr.



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AISFM Happenings: AISFM's Guest Lecturer Series

The Alabama Institute for Sport and Fitness Management (AISFM) hosted its Second Annual Guest Lecture Presentation. The Alabama Institute for Sport and Fitness Management in partnership with Troy University Student Services and The Department of Intercollegiate Athletics was honored to have Michael Franzese as this year's speaker. Mr. Franzese is a frequent speaker to Major League Baseball rookies, NBA rookies,

and has spoken to athletes at numerous NCAA institutions on the issue of gambling. During the '70's and 80's, Franzese ran a gambling operation as a Capo in the Colombo Family in New York, and has been called the biggest money earner for the Mafia since Al Capone. In the mid-80's, he ranked #18 on Fortune Magazine's "Top 50 Most Wealthy and Powerful Mafia Bosses" list as part of their cover feature. Now on a mission to help those at risk, Mr.

Franzese shared his personal insight and experiences to detail issues of gambling and the associated dangers associated with such actions. The presentation was held on Tuesday, April 12th at 7:30 PM in the Claudia Crosby Theater on the Troy University campus.



AISFM offers a forum for the collection and sharing of information and activities pertaining to Sport and Fitness Management in the state of Alabama. Institute programs include: the guest lecture series, Kids at Kollege, conferences, and other educational activities.

The Inaugural Southern Sport Management Conference

The Alabama Institute for Sports and Fitness Management wishes to that everyone who had a part in this year's Southern Sport Management Conference. AISFM in conjunction with Troy University presented the inaugural Southern Sport Management Conference Thursday, April 7th through Friday, April 8th at Movie Gallery Veterans Stadium Tower, Troy, AL.

The conference theme was "Career Opportunities in Sport Management." Conference presenters included: Paul Blythin, Velocity Sports Performance; Matt DeWitt, Newberry College; Joel Erdmann, University of North Alabama; Jennifer Jones, Max-A-Life Fitness Center at McCollough Institute for Appearance and Health; Dan Drane, University of Southern Mississippi; Paul

Pederson, Palm Beach Atlantic University; Marc Riker, Alabama Sports Festival; John Vincent, University of Alabama; and Ken Wright, University of Alabama.

AISFM will host the second annual Southern Sport Management Conference at Troy University next year as well and we hope to see you there. Further detail will be made available.

Faculty Achievements for 2004-2005 Academic Year (cont.)

[Continued from p. 3]

Dr. Candy Howard

Presentation:

Howard, C. (November, 2004). Effects of a Motor Skill Intervention on the Motor Skills in Children with Developmental Delays. ASHPERD Fall Conference, Birmingham, AL.

New Committee Appointments:

Spring 2005 Chair of printed program for Honors Convocation

Spring 2005 Helen Keller Committee

Publication:

Howard, C. (under review). Interventions in Motor Development submitted for publication to *Teaching Elementary Physical Education*

Dr. Jason W. Lee

Publications:

Lee, J. W. (2004). Prayer and Athletics: A Legal Profile. *SMART Online Journal*, 1(2).

Lee, J. W., Bush, G., & Smith, E. (2005). Service Learning: Creating Practical Learning Experiences in Sport and Physical Education. *Strategies*.

Lee, J. W. (2005). To Pray or Not to Pray, *Outside the Box Sport Article Bank*.

Lee, J. W., & Bush, G. (2005). Tobacco Sponsorship in Sport: Sending the Wrong Message, *Outside the Box Sport Article Bank*.

Lee, J. W. (in press). Sport and the Church: Exploring Sport in the Christian Life Center has been accepted for publication in the *SMART Online Journal*.

Lee, J. W. (in press). *Prayer* will be included in the *Berkshire Encyclopedia of World Sport*.

Smith, E., Lee, J. W., Skipworth, J., & Stokes, S. (under review). *Kinesiology Career Advising Tool. MERLOT- Multimedia Educational Resources for Learning and Online Teaching*.

Presentations

Lee, J. W., & Tatum, L. (November, 2004). Making Our Mark: The New Look of Troy State University. Sport Marketing Association Conference, Memphis, TN.

Lee, J. W., & Lee, J. (February, 2005). Cause for Concern or Overreaction: Divisive Symbols in Contemporary Sport. Alabama Mississippi Sociology Association Conference, Tuscaloosa, AL.

Lee, J., & Lee, J. W. (February, 2005). A Service Learning Project in Criminal Justice at Troy University. Alabama Mississippi Sociology Association Conference, Tuscaloosa, AL.

Lee, J. W. (October, 2004). Introducing the SMART ONLINE JOURNAL. Florida State University Sport Management Conference, Tallahassee, FL.

Lee, J. W., Tatum, L., & Green, F. (October, 2004). Building the Brand: The New Look of Troy University. Florida State University Sport Management Conference, Tallahassee, FL.

Green, F., Tatum, L., & Lee, J. W. (October, 2004). The Preference of Spectators of Professional Team Sports Related to Game Time Scheduling. Florida State University Sport Management Conference, Tallahassee, FL.

Invited Guest Lecturer at the University of Florida, Gainesville FL, Spring 2005.

Invited feature speaker for Florida Alliance for Health, Physical Education, Recreation, Dance, and Sport for the 2005 Fall Conference in Orlando, FL.

Professional Activities:

Co-Coordinator, Inaugural Southern Sport Management Conference, April 7-8, 2005, Troy, AL.

Editor, *SMART (Sport Management and Related Topics) Online Journal*

NCAA Certification Self Study Committee, Troy University

Dr. Edith Smith

Professional Activities:

Received the Wallace D. Malone, Jr. Distinguished Faculty Award

Promoted to Full Professor

Publications:

Lee, J. W., Bush, G., & Smith, E. (2005). Service learning: Creating practical learning experiences in sport and physical education. *Strategies*.

Smith, E., Lee, J. W., Skipworth, J., & Stokes, S. (under review). *Kinesiology Career Advising Tool. MERLOT- Multimedia Educational Resources for Learning and Online Teaching.*

Joyce Sorrell

Professional Activities:

Instructed Dixie Darlins at numerous functions

Troy Dance Revue (University classes dance performance program)

Lance Tatum

Professional Activities:

Promoted to Associate Professor

Chancellor's Fellowship Program

Steering Committee Member NCAA Certification Self Study Committee

NCAA Certification Self Study Committee Member - Academic Integrity

Elected Chair of Transitional Graduate Council

Presentations:

Lee, J. W., & Tatum, L. (November, 2004). Making Our Mark: The New Look of Troy State University. Sport Marketing Association Conference, Memphis, TN.

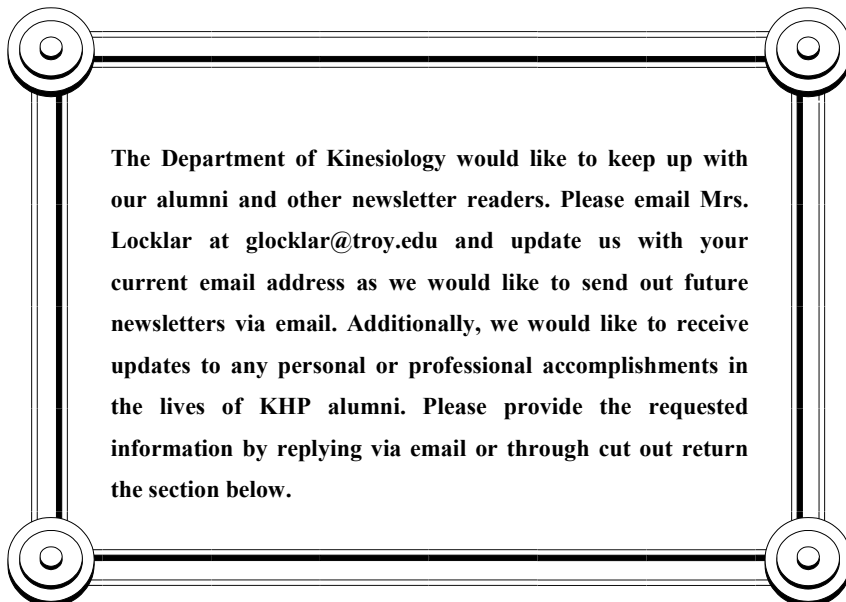
Lee, J. W., Tatum, L., & Green, F. (October, 2004). Building the Brand: The New Look of Troy University. Florida State University Sport Management Conference, Tallahassee, FL.

Green, F., Tatum, L., & Lee, J. W. (October, 2004). The Preference of Spectators of Professional Team Sports Related to Game Time Scheduling. Florida State University Sport Management Conference, Tallahassee, FL.



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Department of Kinesiology &
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The Department of Kinesiology would like to keep up with our alumni and other newsletter readers. Please email Mrs. Locklar at glocklar@troy.edu and update us with your current email address as we would like to send out future newsletters via email. Additionally, we would like to receive updates to any personal or professional accomplishments in the lives of KHP alumni. Please provide the requested information by replying via email or through cut out return the section below.

TELL US ABOUT YOURSELF!

Few items are of as much interest to us as news about our friends and acquaintances. So pass on the latest news about you-your promotions, community activities, professional achievements, offices, honors, etc.

Name _____ Address _____

E-mail _____

Degree (s) from TSU and Dates _____ Employer _____

What is new with you? (promotion, honor, award, citation, project work) _____

