

Exam Content

The CPCE covers the eight Council for the Accreditation of Counseling and Related Educational Programs (CACREP) common-core areas as defined by their Standards for Preparation:

1 Human Growth and Development – (PSY 6668 Human Lifespan)

Studies that provide an understanding of the nature and needs of individuals at all developmental levels.

2 Social and Cultural Foundations - (CP 6651 Counseling Diverse)

Studies that provide an understanding of issues and trends in a multicultural and diverse society.

3 Helping Relationships – (CP 6649 Theories of Counseling / CP 6610 Facilitation Skills)

Studies that provide an understanding of counseling and consultation processes.

4 Group Work – (CP 6642 Group Dynamics)

Studies that provide an understanding of group development, dynamics, counseling theories, group counseling methods and skills, and other group work approaches.

5 Career and Lifestyle Development – (PSY 6635 Vocational Psychology)

Studies that provide an understanding of career development and related life factors.

6 Appraisal – (PSY 6645 Evaluation & Assessment)

Studies that provide an understanding of individual and group approaches to assessment and evaluation.

7 Research and Program Evaluation – (CP 6691 Research)

Studies that provide an understanding of types of research methods, basic statistics, and ethical and legal considerations in research.

8. Professional Orientation and Ethics – (CP 6600 Prof. Orientation)

Studies that provide an understanding of all aspects of professional functioning including history, roles, organizational structures, ethics, standards, and credentialing.

These eight core areas, which constitute the CPCE, serve as the primary theoretical basis for the examination. It is through these areas that the CPCE is associated with accepted professional standards.

In addition to the above courses the Clinical Mental Health Counseling students also have to take the following courses which will require a written treatment plan for a case study for comps.

PSY 6648 Theory of Personality

PSY 6669 Behavior Path

PSY 6670 Diagnosis and Treatment